



SHAMBHALA  
PUBLICATIONS

---

Tibetan Buddhist Books

2019

---

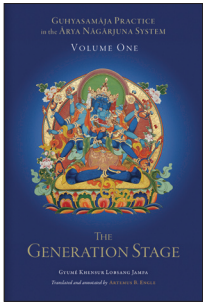
*Over 600 books from Shambhala Publications and Snow Lion*



## Table of Contents

New and Forthcoming . . . . .	3
Core Teachings of the Dalai Lama . . . . .	11
Tsadra Foundation Series . . . . .	13
Complete Nyingma . . . . .	14
Treasury of Precious Instructions . . . . .	15
Treasury of Knowledge . . . . .	16
Other Tsadra Titles . . . . .	16
More Dalai Lama . . . . .	17
Bardos, Death & Dying . . . . .	17
Biographies . . . . .	17
Bon Tradition . . . . .	19
Buddhist Art . . . . .	20
Collected Works of Chögyam Trungpa . . . . .	20
Collected Works of Dilgo Khyentse Rinpoche . . . . .	20
Dzogchen & Mahamudra . . . . .	20
Five Maitreya Treatises . . . . .	22
General . . . . .	23
Guru & Deity Yoga . . . . .	25
Introductions to Buddhism . . . . .	26
Kalachakra . . . . .	28
Lam-Rim . . . . .	28
Lojong . . . . .	29
Madhyamaka . . . . .	30
Other Academic Titles . . . . .	30
Pema Chödrön . . . . .	30
Poetry . . . . .	31
Preliminary Practices . . . . .	31
Tibetan Language . . . . .	31
Tibetan Medicine and Health . . . . .	32
Women in Buddhism . . . . .	32

New  
*and*  
Forthcoming



## Guhyasamāja Practice in the Ārya Nāgārjuna System

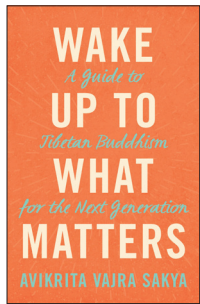
*Volume One*

Gyumé Khensur Lobsang  
Jampa Rinpoche

**DECEMBER 17, 2019**

Hardcover | 9781559394857

With a bilingual edition of the extensive self-generation ritual that is practiced in the Gelukpa tradition of Tibetan Buddhism. Oral commentary by Gyumé Khensur Lobsang Jampa Rinpoche. Part of the Tsadra Foundation series.



## Wake Up to What Matters

*A Guide to Tibetan Buddhism for the Next Generation*

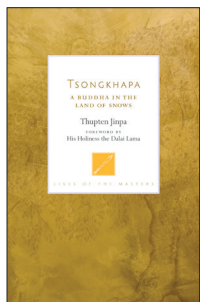
Avikrita Vajra Sakya

**DECEMBER 3, 2019**

Paperback | 9781611806601

The first book by this young and emerging voice from the Sakya tradition.

## The Lives of the Masters Series



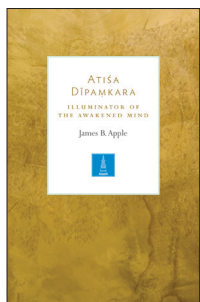
## Tsongkhapa

*A Buddha in the Land of Snows*

Thupten Jinpa

**NOVEMBER 12, 2019**

Paperback | 9781611806465



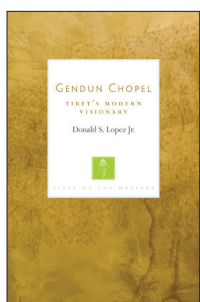
## Atiśa Dīpaṃkara

*Illuminator of the Awakened Mind*

By James B. Apple

**JULY 23, 2019**

Paperback | 9781611806472



## Gendun Chopel

*Tibet's Modern Visionary*

By Donald S. Lopez Jr.

**MAY 29, 2018**

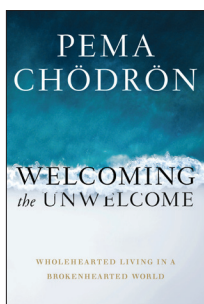
Paperback | 9781611804065

The Lives of the Masters series offers engaging introductions to the lives, works, and legacies of key Buddhist teachers, writers, and contemplatives. Each volume tells the story of an innovator who embodied the highest ideals of Buddhism, crafted a dynamic living tradition during his or her lifetime, and transmitted a vibrant legacy of wisdom to future generations. Indispensable to practitioners and scholars alike, these volumes offer a gateway to better understanding these great figures and their times.

### Upcoming volumes include:

Jigme Lingpa by Kurtis Schaffer  
Goenka by Daniel Stuart  
Rangjung Dorje by Ruth Gamble  
Drukpa Kunley by Liz Monson  
Karma Pakshi by Charles Manson  
Buddhādasā by Louis Gabaude  
Maitripa by Klaus-Dieter Mathes  
Saraha by Roger Jackson  
Xuanzang by Benjamin Brose  
Dōgen by Steve Heine  
Buddhaghosa by Erik Braun  
and more!





## Welcoming the Unwelcome

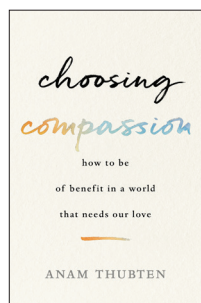
*Wholehearted Living in a Brokenhearted World*

By Pema Chödrön

**OCTOBER 15, 2019**

Hardcover | 9781611805659

In her first new book of spiritual teachings in over seven years, Pema Chödrön offers a combination of heartfelt advice, wise teachings, and her signature mix of humor and insight that have made her a beloved figure to turn to during times of change. In an increasingly polarized world Pema shows us how to strengthen our abilities to connect with one another, even when we disagree, and influence our environment in positive ways.



## Choosing Compassion

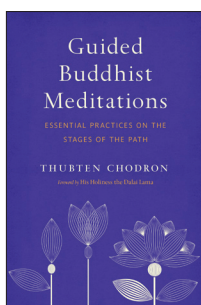
*How to Be of Benefit in a World That Needs Our Love*

By Anam Thubten

**AUGUST 6, 2019**

Paperback | 9781611807271

We see so much pain and injustice in the world, from racial discrimination to environmental degradation. How can we make a positive difference? Beloved Buddhist teacher Anam Thubten invites us to deepen our practice of compassion.



## Guided Buddhist Meditations

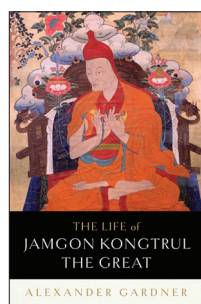
*Essential Practices on the Stages of the Path*

By Thubten Chodron, Foreword by H.H. the Fourteenth Dalai Lama

**JULY 30, 2019**

Paperback | 9781611807301

Guided meditations based on Tsongkhapa's *Lam-Rim*.



## The Life of Jamgon Kongtrul the Great

By Alexander Gardner

**JULY 30, 2019**

Hardcover | 9781611804218

This is the most complete and accessible work available on Jamgon Kongtrul's life, writings, and influence written as a truly engaging historical biography.



## The Emanated Scripture of Manjushri

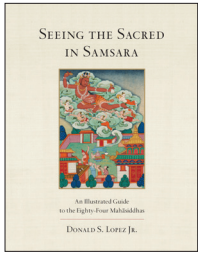
*Shabkar's Essential Meditation Instructions*

By Shabkar Tsogdruk Rangdrol,  
Translated by Sean Price

**FEBRUARY 5, 2019**

Hardcover | 9781559394611

The great Dzogchen yogi Shabkar resents the essentials of the path with an emphasis on Tsongkhapa's *Lam-Rim*.



## Seeing the Sacred in Samsara

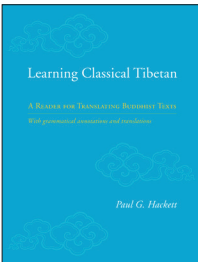
*An Illustrated Guide to the Eighty-Four Mahāsiddhas*

By Donald S. Lopez Jr.

**MAY 28, 2019**

Hardcover | 9781611804041

This exquisite full-color presentation of the lives of the eighty-four mahāsiddhas offers a fresh glimpse into the world of the famous tantric yogis of medieval India. Their examples, as relevant today as ever, demonstrate that no matter who you are and what you do, the potential for enlightenment is available to us all.



## Learning Classical Tibetan

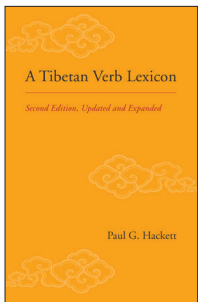
*A Reader for Translating Buddhist Texts*

By Paul G. Hackett

**APRIL 30, 2019**

Hardcover | 9781559394567

A modern and accessible reader for studying traditional Buddhist texts. Unlike other readers of Classical Tibetan this is a comprehensive manual for navigating Tibetan Buddhist literature drawing on a monastic curriculum. Utilizing the most up-to-date teaching methods and tools for Tibetan language training students learn to navigate the grammar, vocabulary, syntax, and style of Classical Tibetan while also engaging the content of Buddhist philosophical works. For all levels.



## A Tibetan Verb Lexicon

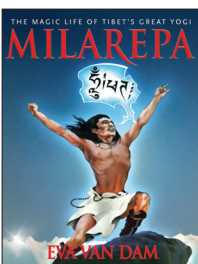
*Second Edition, Updated and Expanded*

By Paul G. Hackett

**APRIL 30, 2019**

Paperback | 9781559394833

With a near tripling of entries (4,500 verbs) from the original edition this comprehensive verb dictionary includes various verb forms, verbal collocations, auxiliary constructions together with grammatical information, Sanskrit equivalents, and example sentences making it a vital tool for any translator, writer, or scholar who intends to maximize the quality of their work related to the Tibetan language.



## Milarepa

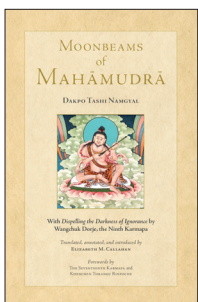
*The Magic Life of Tibet's Great Yogi*

By Eva Van Dam

**MARCH 12, 2019**

Paperback | 9781559394567

An expanded reissue of this classic graphic novel on Tibet's great hero yogi.



## Moonbeams of Mahāmudrā

By Dakpo Tashi Namgyal

**MARCH 12, 2019**

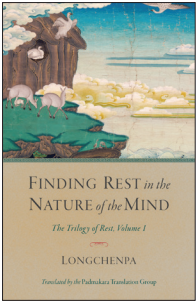
Hardcover | 9781559394802

The new, definitive translation of this classic Buddhist work. Written in the sixteenth century, it comprehensively presents the entire scope of the Tibetan Kagyu Mahāmudrā tradition. Dakpo Tashi Namgyal's manual for the view and practice of Mahāmudrā is widely considered the single most important work on the subject, systematically introducing the view and associated meditation techniques in a progressive manner.





## Longchenpa's Trilogy of Rest



### Finding Rest in the Nature of the Mind

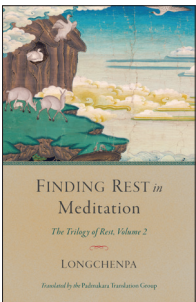
*The Trilogy of Rest, Volume 1*

By Longchenpa, Translated by Padmakara Translation Group

**DECEMBER 5, 2017**

Hardcover | 9781611805161

Longchenpa's classic exposition of the Buddhist path, *The Trilogy of Rest*, teaches us how to familiarize ourselves with our most basic nature—the clear and pristine awareness that is the nature of the mind.



### Finding Rest in Meditation

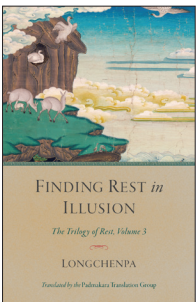
*The Trilogy of Rest, Volume 2*

By Longchenpa, Translated by Padmakara Translation Group

**APRIL 17, 2018**

Hardcover | 9781611805529

*Finding Rest in the Nature of Mind* is a comprehensive presentation of the Buddhist view and path using the classic scholastic expository method paired with direct pith instructions designed for yogi practitioners.



### Finding Rest in Illusion

*The Trilogy of Rest, Volume 3*

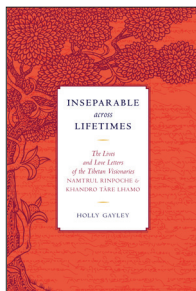
By Longchenpa, Translated by Padmakara Translation Group

**JANUARY 8, 2019**

Hardcover | 9781611805925

*Finding Rest in Meditation* outlines the main points of meditation, namely, where one should meditate, what qualities a practitioner should possess and develop, and what should be practiced.

*Finding Rest in Illusion* describes in detail the conduct of those who have stabilized their recognition of the nature of the mind and how to apply the Buddhist view when relating to ordinary appearances.



### Inseparable across Lifetimes

*The Lives and Love Letters of the Tibetan Visionaries Namtrul Rinpoche and Khandro Tāre Lhamo*

By Holly Gayley

**FEBRUARY 26, 2019**

Paperback | 9781559394642

An inspiring and intimate tale set against the turmoil of recent Tibetan history, this work offers for the first time the translations of love letters between two modern Buddhist visionaries, Khandro Tāre Lhamo and Namtrul Rinpoche. The letters are poetic, affectionate, and prophetic, articulating a hopeful vision of renewal that drew on their past lives together and led to their twenty-year partnership. This couple played a significant role in restoring Buddhism in the region of Golok.

### A Compendium of the Mahāyāna

*Asaṅga's Mahāyānasamgraha and Its Indian and Tibetan Commentaries*

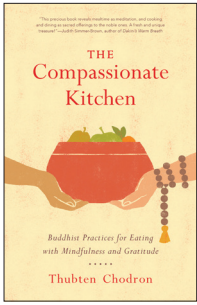
By Asaṅga, Translated by Karl Brunnhölzl

**FEBRUARY 5, 2019**

Hardcover | 9781559394659

The *Mahāyānasamgraha*, published here with its Indian and Tibetan commentaries in three volumes, presents virtually everything anybody might want to know about the Yogācāra School of Mahāyāna Buddhism. It includes the translation of the text along with its Tibetan and Indian commentaries as well as material from the Chinese.





## The Compassionate Kitchen

*Buddhist Practices for Eating with Mindfulness and Gratitude*

By Thubten Chodron

**DECEMBER 11, 2018**

Paperback | 9781611806342

Every aspect of our daily activities can be a part of spiritual practice if done with compassion—and this compact guide offers wisdom from the Buddhist tradition on how eating mindfully can nourish the mind as well as the body.



## The Future Is Open

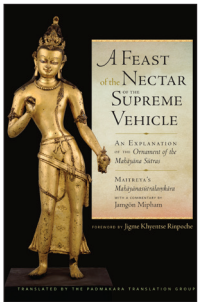
*Good Karma, Bad Karma, and Beyond Karma*

By Chögyam Trungpa

**NOVEMBER 13, 2018**

Paperback | 9781590309537

*Karma* has become a popular term in the West, often connected with somewhat naïve or deterministic ideas of rebirth and reincarnation. It is also often equated with views of morality and guilt. Here Chögyam Trungpa unpacks this intriguing but misunderstood topic.



## A Feast of the Nectar of the Supreme Vehicle

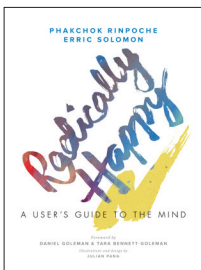
*An Explanation of the Ornament of the Mahāyāna Sūtras*

By Asaṅga and Mipham Rinpoche,  
Translated by the Padmakara Translation Group

**OCTOBER 23, 2018**

Hardcover | 9781611804676

A translation of the Mahāyānasūtrālamkāra with Mipham Rinpoche's extensive commentary



## Radically Happy

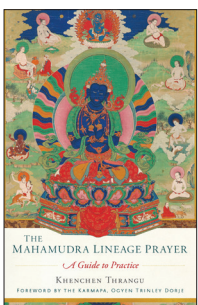
*A User's Guide to the Mind*

By Phakchok Rinpoche and Erric Solomon, Foreword by Daniel Goleman and Tara Bennett-Goleman, Illustrated by Julian Pang

**OCTOBER 16, 2018**

Hardcover | 9781611805277

A meditating Silicon Valley entrepreneur teams up with a young, insightful, and traditionally educated Tibetan Rinpoche. Together they present a path to radical happiness—a sense of well-being that you can access anytime but especially when life is challenging.



## The Mahamudra Lineage Prayer

*A Guide to Practice*

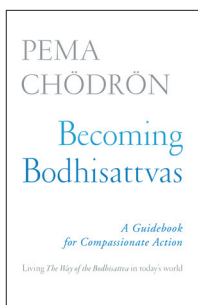
By Khenchen Thrangu

**SEPTEMBER 25, 2018**

Paperback | 9781559394819

One of the most beloved and oft-recited prayers in the Kagyu tradition, this combines a supplication to the Mahamudra lineage with a guide to practice and the stages of the path to enlightenment.





## Becoming Bodhisattvas

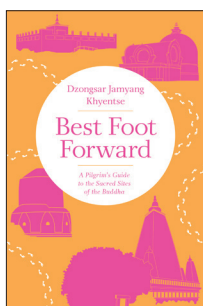
*A Guidebook for Compassionate Action*

By Pema Chödrön

SEPTEMBER 4, 2018

Paperback | 9781611806328

Pema Chödrön's explanation on Shantideva's *Way of the Bodhisattva*.



## Best Foot Forward

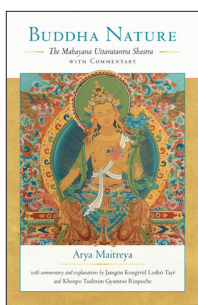
*A Pilgrim's Guide to the Sacred Sites of the Buddha*

By Dzongsar Jamyang Khyentse

AUGUST 14, 2018

Paperback | 9781611806267

Dzongsar Jamyang Khyentse skillfully lays out how we can make the most of our experience as pilgrims. He explains what makes a person or place “holy,” what pilgrimage is all about, and what we can do when visiting the four holy sites of India and Nepal—or any holy place. This manual shows us how to partake in one of the most potent practices available to remind ourselves of the entirety of the Buddha’s teachings.



## Buddha Nature

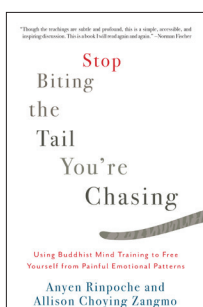
*The Mahayana Uttaratantra Shastra with Commentary*

By Maitreya, Asanga, Jamgön Kongtrül Lodrö Tayé, Khenpo Tsultrim Gyamtso, Translated by Rosemarie Fuchs

AUGUST 14, 2018

Paperback | 9781559394826

The *Mahayana Uttaratantra Shastra*, one of the “Five Treatises of Maitreya,” presents the Buddha’s definitive teachings on how we should understand the ground of enlightenment and clarifies the nature and qualities of buddhahood. This seminal text details with great clarity the view that forms the basis for Vajrayana, and especially Mahamudra, practice.



## Stop Biting the Tail You're Chasing

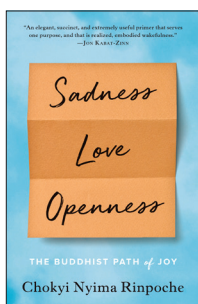
*Using Buddhist Mind Training to Free Yourself from Painful Emotional Patterns*

By Anyen Rinpoche and Allison Choying Zangmo

JULY 10, 2018

Paperback | 9781611805710

Is it possible to free ourselves from emotional conflict? The Buddhist practice of *lojong* is a way of letting go of attachment to both positive and negative emotions and leads to profound insight and compassion unbounded by our habitual reactions. This book provides a set of tools that you can apply in daily life to gradually relieve your own suffering and extend that relief to everyone you encounter.



## Sadness, Love, Openness

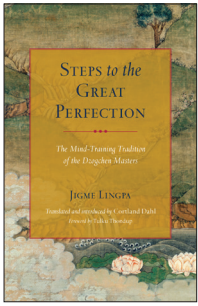
*The Buddhist Path of Joy*

By Chogyi Nyima Rinpoche

SEPTEMBER 25, 2018

Paperback | 9781611804881

Accessible, playful, and genuine, this concise guide shows how we can incorporate our own daily experiences into our spiritual path and awaken to how things truly are. This easy-to-read manual by one of the most widely loved and respected Tibetan Buddhist teachers of our time teaches us how to honestly explore and deal with our own hang-ups and neuroses.



## Steps to the Great Perfection

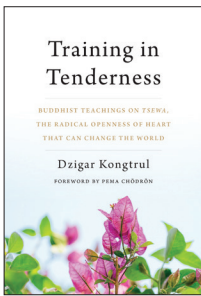
*The Mind-Training Tradition of the Dzogchen Masters*

By Jigme Lingpa, Contributions from Garab Dorje and Longchenpa, Translated by Cortland Dahl

**JUNE 19, 2018**

Paperback | 9781559394772

A compilation of teachings on the seven contemplations, an ancient system of mind-training (*lojong*) teachings that has been preserved as part of a rare set of instructions on Dzogchen, or the Great Perfection. This is the first time the mind-training teachings from the Dzogchen tradition have been presented in an English translation.



## Training in Tenderness

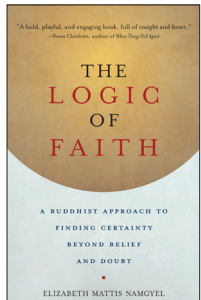
*Buddhist Teachings on Tsewa, the Radical Openness of Heart That Can Change the World*

By Dzigar Kongtrul, Foreword by Pema Chödrön

**MAY 22, 2018**

Paperback | 9781611805581

In this compact book Dzigar Kongtrul opens the door to *tsewa*, the life-changing energy and warmth of heart, and shows us how to transform our attitude toward ourselves and those around us through its practice. This is a guide to the building blocks of compassion and the purest and deepest form of happiness.



## The Logic of Faith

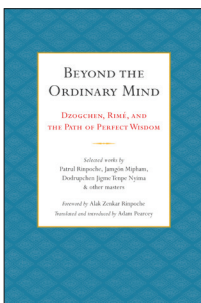
*A Buddhist Approach to Finding Certainty Beyond Belief and Doubt*

By Elizabeth Mattis Namgyel

**FEBRUARY 27, 2018**

Paperback | 9781611802306

Using the traditional Buddhist teachings on dependent arising, the author leads us on an experiential journey to discover the essential interdependence of everything, and through that thrilling discovery to open ourselves to the whole wonderful range of human experience.



## Beyond the Ordinary Mind

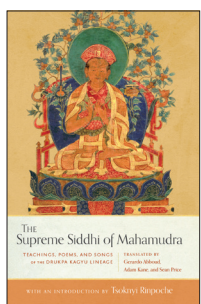
*Dzogchen, Rimé, and the Path of Perfect Wisdom*

Translated by Adam Pearcey

**FEBRUARY 6, 2018**

Paperback | 9781559394703

This selection features profound, provocative, and at times humorous texts from leading figures associated with the Rimé tradition of Tibetan Buddhism. The emphasis of these works is on the esoteric path of Dzogchen, or the Great Perfection. Throughout the book, Pearcey provides clear, succinct introductions to the individual translations, expertly setting the scene and guiding the reader through a world of intellectual renaissance, intersectorian debate, and the imparting of cherished insights.



## The Supreme Siddhi of Mahamudra

*Teachings, Poems, and Songs of the Drukpa Kagyu Lineage*

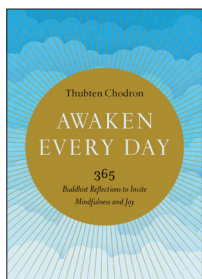
Translated by Sean Price, Adam Kane, and Gerardo Abboud, Foreword by Tsoknyi Rinpoche

**JANUARY 23, 2018**

Hardcover | 9781559394680

These translations include Mahamudra advice and songs of realization from major Tibetan Buddhist figures such as Gampopa, Tsangpa Gyare, Drukpa Kunleg, and Pema Karpo, as well as modern Drukpa masters such as Togden Shakya Shri and Adeu Rinpoche. This collection of direct pith instructions and meditation advice also includes an overview of the tradition by Tsoknyi Rinpoche.





## Awaken Every Day

*365 Buddhist Reflections to Invite Mindfulness and Joy*

By Thubten Chodron

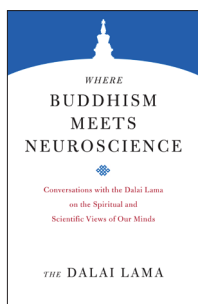
**JUNE 18, 2019**

Paperback | 9781611807165

A quick dose of everyday wisdom encouraging us to understand the true causes of our suffering and the paths to freedom. These insightful reflections help us understand our minds, our connections to our communities, and how to become the people we aspire to be.

## The Core Teachings of the Dalai Lama

The Core Teachings of the Dalai Lama series brings many of His Holiness's most important works into a new, collectable series.



## Where Buddhism Meets Neuroscience

*Conversations with the Dalai Lama on the Spiritual and Scientific Views of Our Minds*

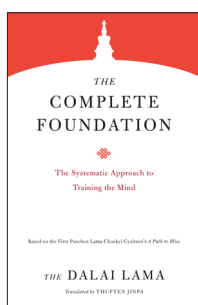
By H.H. the Fourteenth Dalai Lama, Edited by Zara Houshmand, Robert B. Livingston, and B. Alan Wallace

**OCTOBER 30, 2018**

Paperback | 9781559394789

Part of the Core Teaching of the Dalai Lama, here His Holiness discusses the intersection of Buddhism and science with a gathering of leading scientists.

This book was previously published under the title *Consciousness at the Crossroads*.



## The Complete Foundation

*The Systematic Approach to Training the Mind*

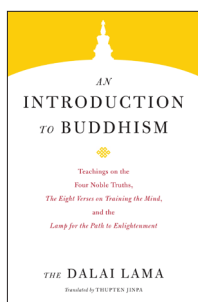
By H.H. the Fourteenth Dalai Lama

**AUGUST 14, 2018**

Paperback | 9781559394765

Clear, eloquent, simple, and profound, His Holiness's teachings are easily accessible to beginning practitioners yet richly nourishing to those more advanced in practice. In *The Complete Foundation*, the Dalai Lama shows how visualization, reason, and contemplation can be systematically crafted to enhance personal development.

This book was previously published under the title *The Path to Bliss*.



## An Introduction to Buddhism

By H.H. the Fourteenth Dalai Lama

**MAY 28, 2018**

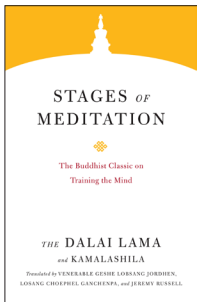
Paperback | 9781559394758

There is no one more suited to introduce beginners and remind seasoned practitioners of the fundamentals of Tibetan Buddhism than His Holiness the Dalai Lama. Speaking to an audience of Western students, the Dalai Lama shows us how to apply basic Buddhist principles to our day-to-day lives.

This book was previously published under the title *Lighting the Way*.



## The Core Teachings of the Dalai Lama



### Stages of Meditation

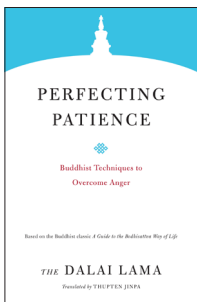
*The Buddhist Classic on Training the Mind*

By Kamalashila and H.H. the Fourteenth Dalai Lama

**FEBRUARY 19, 2019**

Paperback | 9781611806823

The Dalai Lama's famous explanation of the middle section of Kamalashila's *Bhavanakrama*, this is the most extensive commentary given by the Dalai Lama on this concise but important meditation handbook.



### Perfecting Patience

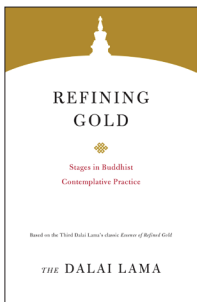
*Buddhist Techniques to Overcome Anger*

By H.H. the Fourteenth Dalai Lama

**NOVEMBER 27, 2018**

Paperback | 9781559394796

An explanation of the Patience Chapter of *A Guide to the Bodhisattva Way of Life*.



### Refining Gold

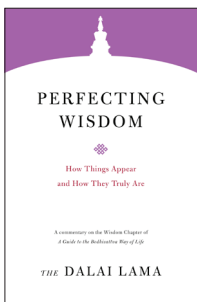
*Stages in Buddhist Contemplative Practice*

By H.H. the Fourteenth Dalai Lama

**AUGUST 20, 2019**

Paperback | 9781611807332

In this extensive teaching, the Dalai Lama beautifully elucidates the meaning of the Third Dalai Lama's famous *Essence of Refined Gold* as he speaks directly to the reader, offering advice, personal reflections, and scriptural commentary. He says in practical terms what the student must do to attain enlightenment.



### Perfecting Wisdom

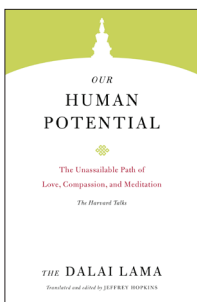
*How Things Appear and How They Truly Are*

By H.H. the Fourteenth Dalai Lama

**JULY 16, 2019**

Paperback | 9781611806786

An explanation of the Wisdom Chapter of *A Guide to the Bodhisattva Way of Life*.



### Our Human Potential

*The Unassailable Path of Love, Compassion, and Meditation*

By H.H. the Fourteenth Dalai Lama

**MAY 28, 2018**

Paperback | 9781611806786

The Dalai Lama's combination of superb intellect, power of exposition, and practical implementation are evident in the lectures contained within *Our Human Potential*. He covers a broad spectrum of topics, including the psychology of cyclic existence, consciousness and karma, techniques for meditation, altruism, valuing enemies, wisdom, and much more. This book was previously published under the title *The Dalai Lama at Harvard*.





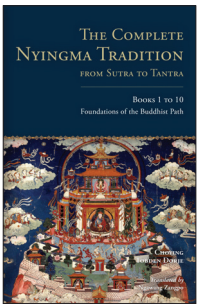
Tsadra  
Foundation  
Series



## The Complete Nyingma Tradition

In 1838, Choying Tobden Dorje, a Buddhist yogi-scholar of eastern Tibet, completed a multivolume masterwork that traces the entire path of the Nyingma tradition of Tibetan Buddhism from beginning to end. Written by a lay practitioner for laypeople, it was intended to be accessible, informative, inspirational, and above all, practical. Its twenty-five books, or topical divisions, offer a comprehensive and detailed view of the Buddhist path according to the early translation school of Tibetan Buddhism, spanning the vast range of Buddhist teachings from the initial steps to the highest esoteric teachings of Great Perfection. Choying Tobden Dorje's magnum opus appears in English here for the first time. The entire text will be released over the coming few years.

Thanks to the Tsadra Foundation for supporting this project.



### The Complete Nyingma Tradition from Sutra to Tantra, Books 1 to 10

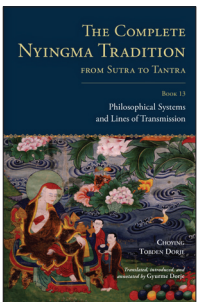
*Foundations of the Buddhist Path*

By Choying Tobden Dorje, Translated by Ngawang Zangpo, Contributions from Lama Tharchin

**JUNE 2, 2015**

Hardcover | 9781559394352

*Foundations of the Buddhist Path* is a survey of the scope of Tobden Djore's work that set the cornerstones for all subsequent Buddhist practice: what constitutes proper spiritual apprenticeship; how to receive the teachings; how to make the best use of this life; and how to motivate ourselves to generate effort on the spiritual path.



### The Complete Nyingma Tradition from Sutra to Tantra, Book 13

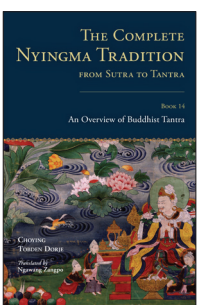
*Philosophical Systems and Lines of Transmission*

By Choying Tobden Dorje, Translated by Ngawang Zangpo, Contributions from Lama Tharchin

**NOVEMBER 21, 2017**

Hardcover | 9781559394604

An overview of the philosophical systems of India and Tibet according to Longchen Rabjam and Orgyan Lingpa. It looks at Vaibhāshika and Sautrāntika, Yogacara and Madhyamaka, the inner and outer tantras, and non-Buddhist systems of thought with an emphasis on the three classes of the Great Perfection.



### The Complete Nyingma Tradition from Sutra to Tantra, Book 14

*An Overview of Buddhist Tantra*

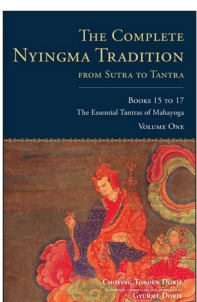
By Choying Tobden Dorje, Translated by Ngawang Zangpo, Contributions from Lama Tharchin

**DECEMBER 12, 2017**

Hardcover | 9781559394598

This work outlines the esoteric practice of tantra according to the Nyingma system, and explains the result of the tantric path: enlightenment itself.

Note: Restricted text, only available from Shambhala.com. Designed to be a companion for dedicated practitioners who receive direct instructions from a qualified teacher.



### The Complete Nyingma Tradition from Sutra to Tantra, Books 15 to 17

*The Essential Tantras of Mahāyoga*

By Kamalashila and H.H. the Fourteenth Dalai Lama

**FEBRUARY 19, 2019**

Hardcover | 9781559394369

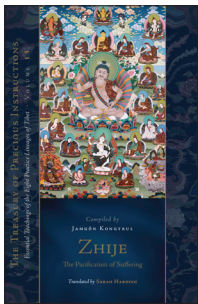
This is a two-volume set addressing the first of the three classes of inner tantra. It presents the entire text of the *Guhyagarbha Tantra* in Tibetan and English, together with the interlinear sections of one of its most important commentaries, *Dispelling the Darkness of the Ten Directions*, by Longchen Rabjam and Choying Tobden Dorje's rewriting of Candragomin's inspirational *Extensive Commentary on the Sublime Litany of the Names of Manjushri*.



## The Treasury of Precious Instructions

*The Treasury of Precious Instructions* or *Dam-ngak Rinpoché Dzö* is one of Jamgön Kongtrul's *Five Treasuries*, his major collections of writing. It is considered one of the most important contributions to Tibetan literature and a further statement of Jamgön Kongtrul's non-sectarian values. This *Treasury* contains the collected transmissions and esoteric instructions of the eight principal practice lineages of Tibetan Buddhism, which trace their lineages back to India. These eight lineages of accomplishment (one model of classifying the practice traditions of Tibet) are encompassed in 18 volumes. This collection was compiled in roughly chronological order as the traditions developed. Below are the first two releases, with more on the way.

Thanks to the Tsadra Foundation for supporting this project.



### Zhije: The Pacification of Suffering

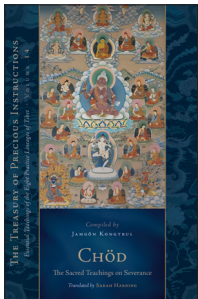
*Essential Teachings of the Eight Practice Lineages of Tibet, Volume 13*

By Jamgön Kongtrul Lodrö Tayé,  
Translated by Sarah Harding

**AUGUST 27, 2019**

Hardcover | 9781559394840

The Zhije volume from *The Treasury of Precious Instructions* in which Kongtrul presents a diverse corpus of texts from the Zhije tradition that trace especially to the South Indian master Dampa Sangye (d. 1117), whose teachings are also celebrated in the Chöd (Severance) tradition.



### Chöd: The Sacred Teachings on Severance

*Essential Teachings of the Eight Practice Lineages of Tibet, Volume 14*

By Jamgön Kongtrul Lodrö Tayé,  
Translated by Sarah Harding

**NOVEMBER 21, 2017**

Paperback | 9781611803723

*The Treasury of Precious Instructions*, by one of Tibet's greatest Buddhist masters, is a shining jewel of Tibetan literature, presenting essential teachings from the entire spectrum of practice lineages that existed in Tibet. In its eighteen volumes, Kongtrul brings together some of the most important texts on key topics of Buddhist thought and practice as well as authoring significant new sections of his own.





## Treasury of Knowledge

**The Treasury of Knowledge: Book One:** Myriad Worlds | [Jamgön Kongtrul Lodrö Tayé](#) | Hardcover | 9781559391887 | 6/5/2003

**The Treasury of Knowledge: Books Two, Three, and Four:** Buddhism's Journey To Tibet | [Jamgön Kongtrul Lodrö Tayé](#) | Hardcover | 9781559393454 | 8/16/2010

**The Treasury of Knowledge: Book Five:** Buddhist Ethics | [Jamgön Kongtrul Lodrö Tayé](#) | Hardcover | 9781559391917 | 6/5/2003

**The Treasury of Knowledge: Book Six, Parts One and Two:** Indo-Tibetan Classical Learning and Buddhist Phenomenology | [Jamgön Kongtrul Lodrö Tayé](#) | Hardcover | 9781559393898 | 1/8/2013

**The Treasury of Knowledge: Book Six, Part Three:** Frameworks of Buddhist Philosophy | [Jamgön Kongtrul Lodrö Tayé](#) | Hardcover | 9781559392778 | 9/12/2007

**The Treasury of Knowledge: Book Six, Part Four:** Systems of Buddhist Tantra | [Jamgön Kongtrul Lodrö Tayé](#) | Hardcover | 9781559392105 | 6/14/2005

**The Treasury of Knowledge: Book Seven and Book Eight, Parts One and Two:** Foundations of Buddhist Study and Practice | [Jamgön Kongtrul Lodrö Tayé](#) | Hardcover | 9781559393997 | 1/8/2013

**The Treasury of Knowledge: Book Eight, Part Three:** The Elements of Tantric Practice | [Jamgön Kongtrul Lodrö Tayé](#) | Hardcover | 9781559393058 | 10/16/2008

**The Treasury of Knowledge: Book Eight, Part Four:** Esoteric Instructions | [Jamgön Kongtrul Lodrö Tayé](#) | Hardcover | 9781559392846 | 3/1/2008

**The Treasury of Knowledge: Books Nine and Ten:** Journey and Goal | [Jamgön Kongtrul Lodrö Tayé](#) | Hardcover | 9781559393607 | 12/16/2010

## Other Tsadra Series Titles

**Guhyasamāja Practice in the Ārya Nāgārjuna System, Volume One** | Gyumé Khensur Lobsang Jampa Rinpoche | Hardcover | 9781559394857 | 12/17/2019

**Compendium of the Mahāyāna:** Asaṅga's Mahāyānasamgraha and Its Indian and Tibetan Commentaries | [Asaṅga, Translated by Karl Brunnhölzl](#) | Hardcover | 9781559394659 | 2/5/2019

**The Bodhisattva Path to Unsurpassed Enlightenment:** A Complete Translation of the *Bodhisattvabhūmi* | [Asaṅga, Translated By Artemus B. Engle](#) | Hardcover | 9781559394291 | 3/8/2016

**When the Clouds Part:** The *Uttaratantra* and Its Meditative Tradition as a Bridge between Sutra and Tantra | [Translated By Karl Brunnhölzl](#) | Hardcover | 9781559394178 | 2/17/2015

**Refining Our Perception of Reality:** Sera Khandro's Commentary on Dudjom Lingpa's Account of His Visionary Journey | [Sera Khandro](#) | Hardcover | 9781559394246 | 1/21/2014

**Wondrous Dance of Illusion:** The Autobiography of Khenpo Ngawang Palzang | [Khenpo Ngawang Palzang, Translated by Heidi L. Nevin and J. Jakob Leschly](#) | Hardcover | 9781559394277 | 1/14/2014

**Butön's History of Buddhism in India and Its Spread to Tibet:** A Treasury of Priceless Scripture | [By Butön Rinchen Drup, Translated by Lisa Stein and Ngawang Zangpo](#) | Hardcover | 9781559394130 | 8/20/2013

**Machik's Complete Explanation:** Clarifying the Meaning of Chöd (Expanded Edition) | [Sarah Harding](#) | Hardcover | 9781559394147 | 5/14/2013

**Mining for Wisdom within Delusion:** Maitreya's *Distinction between Phenomena and the Nature of Phenomena* and Its Indian and Tibetan Commentaries | [Karl Brunnhölzl](#) | Hardcover | 9781559393959 | 1/8/2013

**Groundless Paths:** The Prajñāpāramitā Sūtras, *The Ornament of Clear Realization*, and Its Commentaries in the Tibetan Nyingma Tradition | [Translated By Karl Brunnhölzl](#) | Hardcover | 9781559393751 | 8/14/2012

**Gone Beyond (Volume 1):** The Prajñāpāramitā Sūtras, *The Ornament of Clear Realization*, and Its Commentaries in the Tibetan Kagyu Tradition | Translation and introduction by [Karl Brunnhölzl](#), Forewords by H.H. the Seventeenth Karmapa Ogyen Trinley

[Dorje and Dzogchen Ponlop Rinpoche](#) | Hardcover | 9781559393560 | 7/16/2011

**Gone Beyond (Volume 2):** The Prajñāpāramitā Sūtras, *The Ornament of Clear Realization*, and Its Commentaries in the Tibetan Kagyu Tradition | Translation and introduction by [Karl Brunnhölzl](#), Forewords by H.H. the Seventeenth Karmapa Ogyen Trinley Dorje and Dzogchen Ponlop Rinpoche | Hardcover | 9781559393577 | 5/16/2012

**Niguma, Lady of Illusion** | [Sarah Harding](#) | Hardcover | 9781559393614 | 1/16/2011

**The Buddha from Dölpo:** A Study of the Life and Thought of the Tibetan Master Dölpopa Sherab Gyaltsen | [Cyrus Stearns](#) | Hardcover | 9781559393430 | 8/16/2010

**The Inner Science of Buddhist Practice:** Vasubandhu's *Summary of the Five Heaps* with Commentary by Sthiramati | [By Vasubandhu Sthiramati, Translated and introduced by Artemus B. Engle](#) | Hardcover | 9781559393225 | 9/16/2009

**King of the Empty Plain:** The Tibetan Iron-Bridge Builder Tangtong Gyalpo | [Cyrus Stearns](#) | Hardcover | 9781559392754 | 11/9/2007

**Wisdom Nectar:** Dudjom Rinpoche's Heart Advice | [By Dudjom Rinpoche, Translated by Ron Garry](#) | Hardcover | 9781559392242 | 6/30/2005

**Timeless Rapture:** Inspired Verse of the Shangpa Masters | [Jamgön Kongtrul Lodrö Tayé, Edited and translated by Ngawang Zangpo](#) | Hardcover | 9781559392044 | 11/5/2003

**The Autobiography of Jamgön Kongtrul:** A Gem of Many Colors | [Edited and translated by Richard Barron \(Chokyi Nyima\)](#) | Hardcover | 9781559391849 | 02/10/2003

**Guru Rinpoche:** His Life and Times | [Ngawang Zangpo](#) | Hardcover | 9781559391740 | 9/16/2002

**Sacred Ground:** [Jamgön Kongtrul](#) on Pilgrimage and Sacred Geography | [Ngawang Zangpo](#) | Hardcover | 9781559391641 | 11/6/2001



## More Dalai Lama

**The Bodhisattva Guide:** A Commentary on The Way of the Bodhisattva | By H.H. the Fourteenth Dalai Lama, Translated by Padmakara Translation Group | Trade paperback (US) | 9781611805802 | 2/27/2018

**The Pocket Dalai Lama** | By H.H. the Fourteenth Dalai Lama | Paperback | 9781611804416 | OSD

**The Heart of Meditation:** Discovering Innermost Awareness | By H.H. the Fourteenth Dalai Lama, Translated by Jeffrey Hopkins | Paperback | 9781611804089 | 4/11/2017

**From Here to Enlightenment:** An Introduction to Tsong-kha-pa's Classic Text *The Great Treatise on the Stages of the Path to Enlightenment* | By H.H. the Fourteenth Dalai Lama, Translated by Guy Newland | Paperback | 9781559394239 | 2/11/2014

**From the Heart of Chenrezig:** The Dalai Lamas on Tantra | Translated by Glenn H. Mullin | Paperback | 9781559394055 | 6/11/2013

**Kindness Clarity and Insight** | By H.H. the Fourteenth Dalai Lama, Translated by Jeffrey Hopkins, Edited by Elizabeth S. Napper | Paperback | 9781559394031 | 1/8/2013

**For the Benefit of All Beings:** A Commentary on *The Way of the Bodhisattva* | By H.H. the Fourteenth Dalai Lama, Translated by Padmakara Translation Group | Paperback | 9781590306932 | 4/21/2009

**The Union of Bliss and Emptiness:** Teachings on the Practice of Guru Yoga | By H.H. the Fourteenth Dalai Lama, Translated by Thupten Jinpa | Paperback | 9781559393218 | 4/16/2009

**The Second Dalai Lama:** His Life and Teachings | Translated By Glenn H. Mullin | Paperback | 9781559392334 | 9/2/2005

**Dzogchen:** Heart Essence of the Great Perfection | By H.H. the Fourteenth Dalai Lama | Paperback | 9781559392198 | 9/7/2004

**The Buddhism of Tibet** | By H.H. the Fourteenth Dalai Lama | Paperback | 9781559391856 | 9/19/2002

**Answers:** Discussions with Western Buddhists | By H.H. the Fourteenth Dalai Lama, Translated by José Cabezón | Paperback | 9781559391627 | 8/28/2001

**Gems of Wisdom from the Seventh Dalai Lama** | By The Seventh Dalai Lama, Translated by Glenn H. Mullin | Paperback | 9781559391320 | 9/1/1999

**Meditations to Transform the Mind** | By The Seventh Dalai Lama, Translated by Glenn H. Mullin | Paperback | 9781559391252 | 8/1/1999

**The Gelug/Kagyü Tradition of Mahamudra** | By H.H. the Fourteenth Dalai Lama & Alexander Berzin | Paperback | 9781559390729 | 1/1/1997

## Bardos, Death & Dying

**Guided Tour of Hell:** A Graphic Memoir | Samuel Bercholz, Illustrated by Pema Namdol Thaye | Hardcover | 9781611801422 | 12/6/2016

**Preparing to Die:** Practical Advice and Spiritual Wisdom from the Tibetan Buddhist Tradition | Andrew Holecek | Paperback | 9781559394086 | 7/9/2013

**Bardo Teachings:** The Way of Death and Rebirth | Lama Lodu Rinpoche | Paperback | 9781559393669 | 4/16/2011

**Living in the Face of Death:** The Tibetan Tradition | Glenn H. Mullin | Paperback | 9781559393102 | 1/16/2009

**Mind Beyond Death** | Dzogchen Ponlop Rinpoche | Paperback | 9781559393010 | 8/29/2008

**Peaceful Death, Joyful Rebirth:** A Tibetan Buddhist Guidebook | Tulku Thondup | Paperback | 9781590303856 | 12/12/2006

**Living, Dreaming, Dying:** Practical Wisdom from the *Tibetan Book of the Dead* | Rob Nairn | Paperback | 9781590301326 | 8/1/2004

**Luminous Emptiness:** Understanding the Tibetan Book of the Dead | Francesca Fremantle | Paperback | 9781570629259 | 2/1/2003

**Sacred Passage:** How to Provide Fearless, Compassionate Care for the Dying | Margaret Coberly | Paperback | 9781590300176 | 2/1/2003

**Making Friends with Death:** A Buddhist Guide to Encountering Mortality | Judith L. Lief | Paperback | 9781570623325 | 2/13/2001

**Tibetan Book of the Dead:** The Great Liberation through Hearing in the Bardo | Translated by Francesca Fremantle and Chögyam Trungpa | Paperback | 9781570627477 | 10/10/2000

**Tibetan Yogas of Dream and Sleep** | Tenzin Wangyal Rinpoche | Paperback | 9781559391016 | 1/19/1998

**Transcending Madness:** The Experience of the Six Bardos | Chögyam Trungpa | Paperback | 9780877736370 | 6/1/1992

**Secret Doctrines of the Tibetan Book of the Dead** | Translated by Graham Parkes | Paperback | 9781570626548 | 11/1/1989

**Death, Intermediate State, and Rebirth in Tibetan Buddhism** | Lati Rinpoche and Jeffrey Hopkins | Paperback | 9780937938003 | 1/1/1981

## Biographies

**Second Dalai Lama:** His Life and Teachings | Translated by Glenn H. Mullin | Paperback | 9781559392334 | 9/2/2005

**Autobiography of Jamgön Kongtrul:** A Gem of Many Colors | Translated by Richard Barron (Chokyi Nyima) | Hardcover | 9781559391849 | 2/10/2003

**Buddha from Dölpo:** A Study of the Life and Thought of the Tibetan Master Dölpopa Sherab Gyaltzen | Cyrus Stearns | Hardcover | 9781559393430 | 8/16/2010

**Guru Rinpoche:** His Life and Times | Ngawang Zangpo | Hardcover | 9781559391740 | 9/16/2002

**King of the Empty Plain:** The Tibetan Iron-Bridge Builder Tangtong Gyalpo | Cyrus Stearns | Hardcover | 9781559392754 | 11/9/2007

**Machik's Complete Explanation:** Clarifying the Meaning of Chöd (Expanded Edition) | Sarah Harding | Hardcover | 9781559394147 | 5/14/2013

**Niguma Lady of Illusion** | Sarah Harding | Hardcover | 9781559393614 | 1/16/2011



**Timeless Rapture:** Inspired Verse of the Shangpa Masters | [Jamgön Kongtrul Lodrö Tayé](#), Translated by [Ngawang Zangpo](#) | Hardcover | 9781559392044 | 11/5/2003

**Wondrous Dance of Illusion:** The Autobiography of Khenpo Ngawang Palzang | [Khenpo Ngawang Palzang](#), Translated by [Heidi L. Nevin](#) and [Jakob Leschly](#) | Hardcover | 9781559394277 | 1/14/2014

**Alexandra David-Neel:** Portrait of an Adventurer | [Ruth Middleton](#) | Paperback | 9780877734130 | 3/30/1989

**Tsongkhapa:** A Buddha in the Land of Snows | [Thupten Jinpa](#) | Paperback | 9781611806465 | 11/12/2019

**Life of Jamgön Kongtrul the Great** | [Alexander Gardner](#) | Hardcover | 9781611804218 | 7/30/2019

**Born in Lhasa:** The Autobiography of Namgyal Lhamo Taklha | [Namgyal Lhamo Taklha](#) | Paperback | 9781559391023 | 5/23/2001

**Born in Tibet** | [Chögyam Trungpa](#), Foreword by [Marco Pallis](#) | Paperback | 9781570627149 | 10/1/2000

**Brief Fantasy History of a Himalayan:** Autobiographical Reflections | [Thinley Norbu](#) | Hardcover | 9781611802054 | 1/6/2015

**Brilliant Moon:** The Autobiography of Dilgo Khyentse | [Dilgo Khyentse Rinpoche](#) and many more | Paperback | 9781590307632 | 1/12/2010

**Atiśa Dipamkara:** Illuminator of the Awakened Mind | [James B. Apple](#) | Paperback | 9781611806472 | 7/23/2019

**Chögyam Trungpa:** His Life and Vision | [Fabrice Midal](#) | Paperback | 9781590302361 | 5/22/2012

**Coming Home to Tibet:** A Memoir of Love, Loss, and Belonging | [Tsering Wangmo Dhompa](#) | Paperback | 9781611803297 | 7/12/2016

**Seeing the Sacred in Samsara:** An Illustrated Guide to the Eighty-Four Mahāsiddhas | [Donald S. Lopez Jr.](#) | Hardcover | 9781611804041 | 5/28/2019

**Crazy Wisdom** | [Chögyam Trungpa](#) | Paperback | 9781570628948 | 11/1/2001

**Crystal and the Way of Light:** Sutra, Tantra, and Dzogchen | [Chogyal Namkhai Norbu](#) | Paperback | 9781559391351 | 10/1/1999

**Dakini Power:** Twelve Extraordinary Women Shaping the Transmission of Tibetan Buddhism in the West | [Michaela Haas](#) | Paperback | 9781559394079 | 4/9/2013

**Dragon Thunder:** My Life with Chögyam Trungpa | [Diana J. Mukpo](#) | Paperback | 9781590305348 | 2/26/2008

**Enlightened Vagabond:** The Life and Teachings of Patrul Rinpoche | [Matthieu Ricard](#) | Paperback | 9781611803303 | 7/18/2017

**Epic of Gesar of Ling:** Gesar's Magical Birth, Early Years, and Coronation as King | Translated by [Robin Kornman](#), [Lama Chonam](#) and [Sangye Khandro](#) | Hardcover | 9781590308424 | 7/9/2013

**Epic of Gesar of Ling:** Gesar's Magical Birth, Early Years, and Coronation as King | Translated by [Robin Kornman](#), [Lama Chonam](#) and [Sangye Khandro](#) | Paperback | 9781611800951 | 5/5/2015

**Milarepa:** The Magic Life of Tibet's Great Yogi | [Eva Van Dam](#) | Paperback | 9781611805260 | 3/12/2019

**From the Heart of Tibet:** The Biography of Drikung Chetsang Rinpoche the Holder of the Drikung Kagyu Lineage | [Elmar R. Gruber](#) | Paperback | 9781590307656 | 8/10/2010

**Inseparable across Lifetimes:** The Lives and Love Letters of the Tibetan Visionaries Namtrul Rinpoche and Khandro Tāre Lhamo | By [Namtrul Jigme Phuntsok](#) and [Khandro Tāre Lhamo](#), Translated by [Holly Gayley](#) | Paperback | 9781559394642 | 2/26/2019

**Great Image:** The Life Story of Vairochana the Translator | Translated by [Ani Jinba Palmo](#) | Paperback | 9781590300695 | 11/1/2004

**Great Kagyu Masters:** The Golden Lineage Treasury | Translated by [Khenchen Konchog Gyaltsen Rinpoche](#) | Paperback | 9781559392440 | 3/6/2006

**Gypsy Gossip and Other Advice** | [Thinley Norbu](#) | Paperback | 9781611802085 | 2/16/2016

**Heart Sutra:** A Comprehensive Guide to the Classic of Mahāyāna Buddhism | [Kazuaki Tanahashi](#) | Paperback | 9781611803129 | 3/1/2016

**History of the Karmapas:** The Odyssey of the Tibetan Masters with the Black Crown | [Lama Kunsang](#), [Lama Pemo](#), and [Marie Aubele](#) | Paperback | 9781559393904 | 4/16/2012

**History of the Sixteen Karmapas of Tibet** | [Karma Thinley](#) | Paperback | 9781570626449 | 1/1/1980

**House of the Turquoise Roof** | [Dorje Yudon Yuthok](#) | Paperback | 9781559390354 | 1/1/1990

**Hundred Thousand Songs of Milarepa:** A New Translation | Translated by [Christopher Stagg](#) | Paperback | 9781559394482 | 9/5/2017

**Illusion's Game:** The Life and Teaching of Naropa | [Chögyam Trungpa](#) | Paperback | 9780877738572 | 7/1/1994

**In the Service of His Country:** The Biography of Dasang Damdul Tsarong Commander General of Tibet | [D. N. Tsarong](#) | Paperback | 9781559391511 | 10/10/2000

**Instructions of Gampopa:** A Precious Garland of the Supreme Path | [Khenpo Karthar Rinpoche](#) | Paperback | 9781559390460 | 1/1/1996

**Jamgön Mipam:** His Life and Teachings | [Douglas Duckworth](#) | Paperback | 9781590306697 | 12/20/2011

**Lady of the Lotus-Born:** The Life and Enlightenment of Yeshe Tsogyal | [Gyalwa Changchub](#) and [Namkhai Nyingpo](#), Translated by [Padmakara Translation Group](#) | Paperback | 9781570625442 | 2/12/2002

**The Life and Revelations of Pema Lingpa** | [Sarah Harding](#) | Paperback | 9781559391948 | 7/31/2003

**The Life and Teaching of Naropa** | Translated By [Herbert V. Guenther](#) | Paperback | 9781570621017 | 4/1/1995

**The Life and Times of Jamyang Khyentse Chökyi Lodrö:** The Great Biography by Dilgo Khyentse Rinpoche and Other Stories | [Dilgo Khyentse Rinpoche](#) and [Orgyen Tobgyal](#) | Hardcover | 9781611803778 | 7/25/2017





### **The Life and Visions of Yeshe**

**Tsogyal:** The Autobiography of the Great Wisdom Queen | **Drimé Kunga**, Translated by **Chönyi Drolma** | Paperback | 9781611804348 | **8/22/2017**

**The Life of Gampopa:** Second Edition | **Jampa Mackenzie Stewart** | Paperback | 9781559392143 | **5/20/2004**

**The Life of Longchenpa:** The Omniscient Dharma King of the Vast Expanse | **Jampa Mackenzie Stewart** | Paperback | 9781559394185 | **2/4/2014**

**The Life of Marpa the Translator:** Seeing Accomplishes All | Translated by **Chögyam Trungpa** and the Nalanda Translation Committee By **Tsangnyon Heruka** | Paperback | 9781570620874 | **7/1/1995**

**The Life of Shabkar:** The Autobiography of a Tibetan Yogi | **Shabkar Tsogdruk Rangdro**, Translated by **Matthieu Ricard** | Paperback | 9781559391542 | **2/6/2001**

**Light of Fearless Indestructible Wisdom:** The Life and Legacy of His Holiness Dudjom Rinpoche | **Khenpo Tsewang Dongyal** | Paperback | 9781559393041 | **10/16/2008**

**Lion of Siddhas:** The Life and Teachings of Padampa Sangye | **Padampa Sangye**, Translated by **David Molk** and **Lama Tsering Wangdu Rinpoche** | Paperback | 9781559392990 | **6/2/2008**

**Machig Labdrön and the Foundations of Chöd** | **Jerome Edou** | Paperback | 9781559390392 | **1/1/1995**

**Masters of Meditation and Miracles:** Lives of the Great Buddhist Masters of India and Tibet | **Tulku Thondup** | Paperback | 9781570625091 | **11/1/1999**

**Meditations of a Tibetan Tantric Abbot:** The Main Practices of the Mahāyāna Buddhist Path | **Kensur Lekden** | Paperback | 9781559391580 | **3/13/2001**

**Memoirs of a Tibetan Lama** | **Ven. Lobsang Gyatso**, Translated by **Gareth Sparham** | Paperback | 9781559390972 | **1/1/1990**

**Milarepa:** Lessons from the Life and Songs of Tibet's Great Yogi | **Chögyam Trungpa** | Paperback | 9781611802092 | **3/28/2017**

**Prince and the Zombie:** Tibetan Tales of Karma | **Tenzin Wangmo** | Paperback | 9781611802061 | **4/7/2015**

**Princess in the Land of Snows:** The Life of Jamyang Sakya in Tibet | **Jamyang Sakya** | Paperback | 9781570626913 | **1/1/1990**

**Recalling Chögyam Trungpa** | Edited by **Fabrice Midal** | Paperback | 9781590302071 | **12/1/2005**

**Reflections on a Mountain Lake:** Teachings on Practical Buddhism | **Jetsunma Tenzin Palmo** | Paperback | 9781559391757 | **5/30/2002**

**Revolutionary Life of Freda Bedi:** British Feminist, Indian Nationalist, Buddhist Nun | **Vicki Mackenzie** | Paperback | 9781611804256 | **3/28/2017**

**Sky Dancer:** The Secret Life and Songs of the Lady Yeshe Tsogyel | **Keith Dowman** | Paperback | 9781559390651 | **1/1/1996**

**Gendun Chopel:** Tibet's Modern Visionary (Lives of the Masters) | **Donald S. Lopez Jr.** | Paperback | 9781611804065 | **5/29/2018**

**Strand of Jewels:** My Teachers' Essential Guidance on Dzogchen | **Khetsun Sangpo Rinpoche**, Translated by **Anne Carolyn Klein** | Paperback | 9781559394383 | **2/2/2016**

**Superhuman Life of Gesar of Ling** | **Alexandra David-Neel** and **Yongden** | Paperback | 9781570626227 | **1/1/1981**

**Tales of the Turquoise:** A Pilgrimage in Dölpo | **Corneille Jest** | Paperback | 9781559390958 | **1/19/1998**

**Treasures of the Sakya Lineage:** Teachings from the Masters | **Migmar Tseten** | Paperback | 9781590304884 | **4/22/2008**

**Zurchungpa's Testament** | **Dilgo Khyentse Rinpoche**, Translated by **Padmakara Translation Group** | Hardcover | 9781559392648 | **1/2/2007**

## **The Bon Tradition**

**Visionary Encounters:** The Dzogchen Teachings of Bönpo Treasure-Revealer Shense Lhaje | Translated by **Adriano Clemente** | Paperback | 9781559394321 | **7/26/2016**

**Tibetan Yogas of Body, Speech, and Mind** | **Tenzin Wangyal Rinpoche** | Paperback | 9781559393805 | **11/16/2011**

**Chöd Practice in the Bön Tradition** | **Alejandro Chaoul** | Paperback | 9781559392921 | **8/16/2009**

**Opening the Door to Bön** | **Nyima Dakpa** | Paperback | 9781559392464 | **11/22/2005**

**Healing with Form, Energy, and Light:** The Five Elements in Tibetan Shamanism, Tantra, and Dzogchen | **Tenzin Wangyal Rinpoche** | Paperback | 9781559391764 | **4/24/2002**

**Heart Drops of Dharmakaya:** Dzogchen Practice of the Bön Tradition | **Shardza Tashi Gyaltzen**, Translated by **Yongdzin Lopon Tenzin Namdak** | Paperback | 9781559391726 | **1/29/2002**

**Wonders of the Natural Mind:** The Essence of Dzogchen in the Native Bon Tradition of Tibet | **Tenzin Wangyal Rinpoche** | Paperback | 9781559391429 | **7/18/2000**

**Philosophical View of the Great Perfection in the Tibetan Bön Religion** | **Donatella Rossi** | Paperback | 9781559391290 | **1/1/2000**

**Tibetan Yogas of Dream and Sleep** | **Tenzin Wangyal Rinpoche** | Paperback | 9781559391016 | **1/19/1998**

**Golden Letters:** The Tibetan Teachings of Garab Dorje, First Dzogchen Master | Translated by **John Myrdhin Reynolds** | Paperback | 9781559390507 | **1/1/1996**

**Tibetan Literature:** Studies in Genre | **Jose Cabezon**, **Roger R. Jackson**, and many more | Paperback | 9781559390446 | **1/1/1996**

**Secret Doctrines of the Tibetan Book of the Dead** | Translated by **Graham Parkes** | Paperback | 9781570626548 | **11/1/1989**



---

## Buddhist Art

**Seeing the Sacred in Samsara:** An Illustrated Guide to the Eighty-Four Mahāsiddhas | [Donald S. Lopez Jr.](#) | Hardcover | 9781611804041 | 5/28/2019

**The Pure Joy of Being:** An Illustrated Introduction to the Story of the Buddha and the Practice of Meditation | [Fabrice Midal](#) | Hardcover | 9781611804843 | 10/17/2017

**The Art of Awakening:** A User's Guide to Tibetan Buddhist Art and Practice | [Konchog Lhadrepa and Charlotte Davis](#) | Paperback | 9781611803877 | 4/11/2017

**The Treasury of Knowledge: Book Six, Parts One and Two:** Indo-Tibetan Classical Learning and Buddhist Phenomenology | [Jamgön Kongtrul Lodrö Tayé](#), Translated by [Gyurme Dorje](#) | Hardcover | 9781559393898 | 1/8/2013

**True Perception:** The Path of Dharma Art | [Chögyam Trungpa](#) | Paperback | 9781590305881 | 11/11/2008

**Images of Enlightenment:** Tibetan Art in Practice | [Jonathan Landaw and Andy Weber](#) | Paperback | 9781559392587 | 9/18/2006

**Tibetan Thangka Painting:** Methods and Materials | [David Jackson](#) | Paperback | 9781559392570 | 8/14/2006

**The Collected Works of Chögyam Trungpa: Volume Seven:** The Art of Calligraphy (Excerpts); Dharma Art; Visual Dharma (Excerpts); Selected Poems; Selected Writings | [Chögyam Trungpa](#) | Hardcover | 9781590300312 | 5/1/2004

**The Handbook of Tibetan Buddhist Symbols** | [Robert Beer](#) | Paperback | 9781590301005 | 10/1/2003

**The Wheel of Time Sand Mandala:** Visual Scripture of Tibetan Buddhism | [Barry Bryant](#) | Paperback | 9781559391870 | 3/24/2003

**The Encyclopedia of Tibetan Symbols and Motifs** | [Robert Beer](#) | Hardcover | 9781570624162 | 11/1/1999

---

## The Collected Works of Chögyam Trungpa

**The Collected Works of Chögyam Trungpa: Volume One:** Born in Tibet; Meditation in Action; Mudra; Selected Writings | Hardcover | 9781590300251 | 12/1/2003

**The Collected Works of Chögyam Trungpa: Volume Two:** The Path Is the Goal; Training the Mind; Glimpses of Abhidharma; Glimpses of Shunyata; Glimpses of Mahāyāna; Selected Writings | Hardcover | 9781590300268 | 12/1/2003

**The Collected Works of Chögyam Trungpa: Volume Three:** Cutting Through Spiritual Materialism; The Myth of Freedom; The Heart of the Buddha; Selected Writings | Hardcover | 9781590300275 | 12/1/2003

**The Collected Works of Chögyam Trungpa: Volume Four:** Journey without Goal; The Lion's Roar; The Dawn of Tantra; An Interview with Chögyam Trungpa | Hardcover | 12/1/2003 | 9781590300282 | 12/1/2003

**The Collected Works of Chögyam Trungpa: Volume Five:** Crazy Wisdom; Illusion's Game; The Life of Marpa (Excerpts); The Rain of Wisdom (Excerpts); The Sadhana of Mahāmudrā (Excerpts); Selected Writings | Hardcover | Binding | 9781590300299 | 5/1/2004

**The Collected Works of Chögyam Trungpa: Volume Six:** Glimpses of Space; Orderly Chaos; Secret Beyond Thought; The Tibetan Book of the Dead: Commentary; Transcending Madness; Selected Writings | Hardcover | 9781590300305 | 5/1/2004

**The Collected Works of Chögyam Trungpa: Volume Seven:** The Art of Calligraphy (Excerpts); Dharma Art; Visual Dharma (Excerpts); Selected Poems; Selected Writings | Hardcover | 9781590300312 | 5/1/2004

**The Collected Works of Chögyam Trungpa: Volume Eight:** Great Eastern Sun; Shambhala; Selected Writings | Hardcover | 9781590300329 | 5/1/2004

**The Collected Works of Chögyam Trungpa: Volume 9:** True Command; Glimpses of Realization; The Shambhala Warrior Slogans; The Teacup and the Skullcup; Smile at Fear; The Mishap Lineage; Selected Writings | Hardcover | 9781611803907 | 10/5/2017

**The Collected Works of Chögyam Trungpa: Volume 10:** Work, Sex, Money; Mindfulness in Action; Devotion and Crazy Wisdom; Selected Writings | Hardcover | 9781611803914 | 10/5/2017

---

## The Collected Works of Dilgo Khyentse Rinpoche

**The Collected Works of Dilgo Khyentse: Volume One:** Journey to Enlightenment; Enlightened Courage; The Heart of Compassion | [Dilgo Khyentse Rinpoche](#) | Hardcover | 9781590305928 | 7/12/2011

**The Collected Works of Dilgo Khyentse: Volume Two:** The Excellent Path to Enlightenment; The Wheel of Investigation; The Wish-Fulfilling Jewel; The Heart Treasure of the Enlightened Ones; The Hundred Verses of Advice | [Dilgo Khyentse Rinpoche](#) | Hardcover | 9781590305935 | 7/12/2011

**The Collected Works of Dilgo Khyentse: Volume Three:** Zurchungpa's Testament; A Wondrous Ocean of Advice for the Practice of Retreat in Solitude; Pure Appearance; Primordial Purity; The Lamp That Dispels Darkness; Selected Verse | [Dilgo Khyentse Rinpoche](#) | Hardcover | 9781590306277 | 7/12/2011

---

## Dzogchen & Mahamudra

**Moonbeams of Mahāmudrā** | [Dakpo Tashi Namgyal](#), Translated by [Elizabeth M. Callahan](#) | Hardcover | 9781559394802 | 3/12/2019

**Finding Rest in Illusion:** The Trilogy of Rest, Volume 3 | [Longchenpa](#), Translated by [Padmakara Translation Group](#) | Hardcover | 9781611805925 | 1/8/2019

**Mahāmudrā Lineage Prayer:** A Guide to Practice | [Khenchen Thrangu](#) | Paperback | 9781559394819 | 9/25/2018

**Finding Rest in Meditation:** The Trilogy of Rest, Volume 2 | [Longchenpa](#), Translated by [Padmakara Translation Group](#) | Hardcover | 9781611805529 | 4/17/2018



**Beyond the Ordinary Mind:** Dzogchen, Rimé, and the Path of Perfect Wisdom | Translated by Adam Pearcey | Paperback | 9781559394703 | 2/6/2018

**Supreme Siddhi of Mahamudra:** Teachings, Poems, and Songs of the Drukpa Kagyu Lineage | Translated by Sean Price, Adam Kane & Gerardo Abboud | Hardcover | 9781559394680 | 1/23/2018

**Finding Rest in the Nature of the Mind:** The Trilogy of Rest, Volume 1 | Longchenpa, Translated by Padmakara Translation Group | Hardcover | 9781611805161 | 12/5/2017

**Ocean of Blessings:** Heart Teachings of Drubwang Penor Rinpoche | Penor Rinpoche | Paperback | 9781559394697 | 11/7/2017

**Entering the Way of the Great Vehicle:** Dzogchen as the Culmination of the Mahāyāna | Rongzom Chokyi Zangpo, Translated by Dominic Sur | Hardcover | 9781611803686 | 1/17/2017

**Primordial Purity:** Oral Instructions on the Three Words That Strike the Vital Point | Dilgo Khyentse Rinpoche | Paperback | 9781611803402 | 7/26/2016

**Nature of Mind:** The Dzogchen Instructions of Aro Yeshe Jungne | Patrul Rinpoche, Khenchen Palden Sherab & Khenpo Tsewang Dongyal | Paperback | 9781559394499 | 4/26/2016

**Luminous Clarity:** A Commentary on Karma Chagme's *Union of Mahāmudrā and Dzogchen* | Karma Chagme and Khenchen Thrangu | Paperback | 9781559394529 | 4/5/2016

**Fearless Lion's Roar:** Profound Instructions on Dzogchen, the Great Perfection | Nyoshul Khenpo | Paperback | 9781559394314 | 7/28/2015

**Sunlight Speech That Dispels the Darkness of Doubt:** Sublime Prayers, Praises, and Practices of the Nyingma Masters | Translated by Thinley Norbu | Hardcover | 9781570622441 | 7/7/2015

**Royal Seal of Mahāmudrā:** Volume One: A Guidebook for the Realization of Coemergence | Khamtrul Rinpoche III, Translated by Gerardo Abboud | Hardcover | 9781559394376 | 1/20/2015

**Practice of Dzogchen:** Longchen Rabjam's Writings on the Great Perfection | Longchenpa, Translated by Tulku Thondup | Hardcover | 9781559394345 | 10/28/2014

**Sole Panacea:** A Brief Commentary on the *Seven-Line Prayer* to Guru Rinpoche That Cures the Suffering of the Sickness of Karma and Defilement | Thinley Norbu | Hardcover | 9781559394390 | 9/2/2014

**Penetrating Wisdom:** The Aspiration of Samantabhadra | Dzogchen Ponlop Rinpoche | Paperback | 9781590304167 | 7/8/2014

**Tilopa's Mahamudra Upadesha:** The Gangama Instructions with Commentary | Sangyes Nyenpa Rinpoche | Hardcover | 9781559394260 | 4/15/2014

**Great Secret of Mind:** Special Instructions on the Nonduality of Dzogchen | Tulku Pema Rigtsal | Paperback | 9781559394017 | 4/8/2013

**Confusion Arises as Wisdom:** Gampopa's Heart Advice on the Path of Mahamudra | Ringu Tulku | Paperback | 9781590309957 | 9/11/2012

**Pointing Out the Dharmakaya:** Teachings on the Ninth Karmapa's Text | Khenchen Thrangu | Paperback | 9781559393881 | 4/16/2012

**Ninth Karmapa's Ocean of Definitive Meaning** | Khenchen Thrangu | Paperback | 9781559393706 | 5/16/2011

**You Are the Eyes of the World** | Longchenpa, Translated by Kennard Lipman & Merrill Peterson | Paperback | 9781559393676 | 3/16/2011

**Vivid Awareness:** The Mind Instructions of Khenpo Gangshar | Khenchen Thrangu | Paperback | 9781590308165 | 1/11/2011

**Self-Liberation through Seeing with Naked Awareness** | Padmasambhava, Translated by John Myrdhin Reynolds | Paperback | 9781559393522 | 11/16/2010

**Essence of Clear Light:** An Overview of the Secret Commentary Thorough Dispelling of Darkness throughout the Ten Directions | Jamgon Mipham, Translated by Lama Chonam and Sangye Khandro | Hardcover | 9781559393645 | 6/6/2010

**Heart Essence of the Vast Expanse:** A Story of Transmission | Anne Carolyn Klein | Paperback | 9781559392839 | 5/16/2010

**Spacious Path to Freedom:** Practical Instructions on the Union of Mahamudra and Atiyoga | Karma Chagme | Paperback | 9781559393409 | 2/16/2010

**Practice of Mahamudra** | Drikung Kyabgon Chetsang Rinpoche | Paperback | 9781559393232 | 4/16/2009

**Natural Great Perfection:** Dzogchen Teachings and Vajra Songs | Nyoshul Khenpo | Paperback | 9781559393126 | 1/16/2009

**Yeshe Lama:** Jigme Lingpa, Translated by Lama Chonam & Sangye Khandro | Author | Hardcover | 9781559392945 | 6/6/2008

**Great Perfection:** Outer and Inner Preliminaries | Third Dzogchen Rinpoche | Hardcover | 9781559392853 | 1/15/2008

**Great Perfection, Volume Two:** Separation and Breakthrough | Third Dzogchen Rinpoche | Hardcover | 9781559393164 | 1/15/2008

**Great Medicine That Conquers Clinging to the Notion of Reality:** Steps in Meditation on the Enlightened Mind | Shechen Rabjam | Paperback | 9781590304402 | 6/12/2007

**Dzogchen Teachings** | Chogyal Namkhai Norbu | Paperback | 9781559392433 | 6/2/2006

**Fundamental Mind:** The Nyingma View of the Great Completeness | Khetsun Sangpo Rinpoche, Translated by Jeffrey Hopkins | Paperback | 9781559392501 | 5/12/2006

**Union of Dzogchen and Bodhichitta:** A Guide to the Attainment of Wisdom | Anyen Rinpoche | Paperback | 9781559392488 | 4/26/2006

**Dzogchen:** Heart Essence of the Great Perfection | H.H. the Fourteenth Dalai Lama | Paperback | 9781559392198 | 9/7/2004

**Mind at Ease:** Self-Liberation through Mahamudra Meditation | Traleg Kyabgon | Paperback | 9781590301562 | 6/1/2004





**Eighth Situpa on the Third Karma-  
pa's Mahamudra Prayer** | Translated  
by Lama Sherab Dorje | Paperback |  
9781559392136 | 4/13/2004

**Being Right Here:** A Dzogchen Treasure  
Text of Nuden Dorje entitled The Mirror  
of Clear Meaning | James Low | Paper-  
back | 9781559392082 | 2/24/2004

**Ocean of the Ultimate Meaning:**  
Teachings on Mahamudra | Khenchen  
Thrangu | Paperback | 9781590300558 |  
2/1/2004

**Wild Awakening:** The Heart of Ma-  
hamudra and Dzogchen | Dzo-  
gchen Ponlop Rinpoche | Paperback |  
9781590300961 | 12/1/2003

**Dzogchen:** The Self-Perfected State |  
Chogyal Namkhai Norbu | Paperback |  
9781559390576 | 5/12/2003

**Roaring Silence:** Discovering the  
Mind of Dzogchen | Ngakpa Chog-  
yam & Khandro Dechen | Paperback |  
9781570629440 | 11/1/2002

**Meditation, Transformation, and  
Dream Yoga** | Ven. Gyatrul Rin-  
poche, Translated by B. Alan Wallace  
and Sangye Khandro | Paperback |  
9781559391832 | 9/6/2002

**Dzogchen Primer:** Embracing the  
Spiritual Path According to the Great  
Perfection | Edited by Marcia Schmidt |  
Paperback | 9781570628290 | 7/1/2002

**Dream Yoga and the Practice of Natural  
Light** | Chogyal Namkhai Norbu | Pa-  
perback | 9781559391610 | 4/19/2002

**Third Karmapa's Mahamudra Prayer**  
| Tai Situpa Rinpoche | Paperback |  
9781559391696 | 2/20/2002

**Garland of Mahamudra Practices** |  
Khenchen Konchog Gyaltshen | Paper-  
back | 9781559391733 | 1/29/2002

**Primordial Experience:** An Introduction  
to rDzog-chen Meditation | Manjusri-  
mitra | Paperback | 9781570628986 |  
12/1/2001

**White Sail:** Crossing the Waves of  
Ocean Mind to the Serene Continent of  
the Triple Gems | Thinley Norbu | Pa-  
perback | 9781570627781 | 4/1/2001

**Naked Awareness:** Practical Instruc-  
tions on the Union of Mahamudra  
and Dzogchen | Karma Chagme and  
Gyatrul Rinpoche, Translated by B. Alan  
Wallace | Paperback | 9781559391467 |  
3/27/2000

**Supreme Source:** The Fundamental  
Tantra of Dzogchen Semde | Translated  
by Chogyal Namkhai Norbu and Adriano  
Clemente | Paperback | 9781559391207  
| 5/1/1999

**Gelug/Kagyu Tradition of Mahamudra**  
| H.H. the Fourteenth Dalai Lama  
and Alexander Berzin | Paperback |  
9781559390729 | 1/1/1997

**Golden Letters:** The Tibetan Teachings  
of Garab Dorje, First Dzogchen Master |  
Translated by John Myrdhin Reynolds |  
Paperback | 9781559390507 | 1/1/1996

**Cloudless Sky:** The Mahamudra Path  
of the Tibetan Buddhist Kagyü School |  
The Third Jamgön Kongtrül | Paperback  
| 9781570626043 | 1/1/1992

**Matrix of Mystery:** Scientific and Hu-  
man Aspects of rDzogs-chen Thought  
| Herbert V. Guenther | Paperback |  
9781570626494 | 1/1/1983

---

## The Five Maitreya Treatises

**Feast of the Nectar of the Supreme Ve-  
hicle:** An Explanation of the Ornament  
of the Mahāyāna Sūtras | Maitreya,  
Asaṅga, Mipham Rinpoche, Translat-  
ed by Padmakara Translation Group |  
Hardcover | 9781611804676 | 10/23/2018

**Buddha Nature:** The Mahayana Ut-  
tarantra Shastra with Commentary |  
By Maitreya, Asaṅga, Jamgön Kongtrül  
Lodrö Tayé, Khenpo Tsultrim Gyamt-  
so | Paperback | 9781559394826 |  
8/14/2018

**Adorning Maitreya's Intent:** Arriving at  
the View of Nonduality | By Rongtonpa,  
Translated by Christian Bernert | Paper-  
back | 9781611803662 | 2/21/2017

**When the Clouds Part:** The Uttaratan-  
tra and Its Meditative Tradition as a  
Bridge between Sūtra and Tantra | Karl  
Brunnhözl | Hardcover | 9781559394178  
| 2/17/2015

**Ornament of the Great Vehicle Sutras:**  
Maitreya's *Mahāyānasūtrālamkāra* with  
Commentaries by Khenpo Shenga and  
Ju Mipham | Maitreya, Asaṅga, Jamgön  
Mipham, Translated by Dharmachakra  
Translation Committee | Hardcover |  
9781559394284 | 11/11/2014

**Distinguishing Phenomena from Their  
Intrinsic Nature:** Maitreya's *Dhar-  
madharmatāvibhaṅga* with Com-  
mentaries by Khenpo Shenga and Ju  
Mipham | Maitreya, Asaṅga, Jamgön  
Mipham, Translated by Dharmachakra  
Translation Committee | Hardcover |  
9781559394093 | 8/20/2013

**Mining for Wisdom within Delusion:**  
Maitreya's *Distinction between Phe-  
nomena and the Nature of Phenomena*  
and Its Indian and Tibetan Commen-  
taries | Karl Brunnhözl | Hardcover |  
9781559393959 | 1/8/2013

**Groundless Paths:** The Prajñāpāramitā  
Sūtras, *The Ornament of Clear Re-  
alization*, and Its Commentaries in  
the Tibetan Nyingma Tradition | Karl  
Brunnhözl | Hardcover | 9781559393751  
| 8/14/2012

**Gone Beyond (Volume 1):** The Pra-  
jñāpāramitā Sūtras, *The Ornament  
of Clear Realization*, and Its Com-  
mentaries in the Tibetan Kagyü Tra-  
dition | Karl Brunnhözl | Hardcover |  
9781559393560 | 7/16/2011

**Gone Beyond (Volume 2):** The Pra-  
jñāpāramitā Sūtras, *The Ornament of  
Clear Realization*, and Its Commentar-  
ies in the Tibetan Kagyü Tradition | Karl  
Brunnhözl | Hardcover | 9781559393577  
| 5/16/2012

**Middle Beyond Extremes:** Maitreya's  
*Madhyāntavibhāga* with Commen-  
taries by Khenpo Shenga and Ju  
Mipham | Maitreya, Asaṅga, Jamgön  
Mipham, Translated by Dharmachakra  
Translation Committee | Hardcover |  
9781559392709 | 2/6/2007

**Maitreya's Distinguishing Phenome-  
na and Pure Being** | Jamgön Mipham,  
Translated by Jim Scott | Paperback |  
9781559392150 | 4/2/2004



## General

**Radically Happy:** A User's Guide to the Mind | [Phakchok Rinpoche & Erric Solomon](#) | Hardcover | 9781611805277 | 10/16/2018

**Practice of Pure Awareness:** Somatic Meditation for Awakening the Sacred | [Reginald A. Ray](#) | Paperback | 9781611803815 | 8/28/2018

**Best Foot Forward:** A Pilgrim's Guide to the Sacred Sites of the Buddha | [Dzongsar Jamyang Khyentse](#) | Paperback | 9781611806267 | 8/14/2018

**Sadness, Love, Openness:** The Buddhist Path of Joy | [Chogyi Nyima Rinpoche](#) | Paperback | 9781611804881 | 7/3/2018

**Logic of Faith:** A Buddhist Approach to Finding Certainty Beyond Belief and Doubt | [Elizabeth Mattis Namgyel](#) | Paperback | 9781611802306 | 2/27/2018

**Wisdom of Tibetan Buddhism** | [Reginald A. Ray](#) | Paperback | 9781611804751 | 12/12/2017

**Touching the Infinite:** A New Perspective on the Buddha's Four Foundations of Mindfulness | [Rodney Smith](#) | Paperback | 9781611805024 | 10/31/2017

**Love Hurts:** Buddhist Advice for the Heartbroken | [Lodro Rinzler](#) | Paperback | 9781611803549 | 12/13/2016

**Mindfulness in Action:** Making Friends with Yourself through Meditation and Everyday Awareness | [Chogyam Trungpa](#) | Paperback | 9781611803532 | 6/21/2016

**Glimpses of the Profound:** Four Short Works | [Chogyam Trungpa](#) | Paperback | 9781611803037 | 5/17/2016

**Echoes:** The Boudhanath Teachings | [Thinley Norbu](#) | Paperback | 9781611803020 | 5/10/2016

**Garland of Views:** A Guide to View Meditation and Result in the Nine Vehicles | [Padmasambhava, Jamgön Mipham, Translated by Padmakara Translation Group](#) | Hardcover | 9781611802962 | 4/5/2016

**Natural Bravery:** Fear and Fearlessness as a Direct Path of Awakening | [Gaylon Ferguson](#) | Paperback | 9781590309735 | 2/16/2016

**Teacup and the Skullcup:** Where Zen and Tantra Meet | [Chögyam Trungpa](#) | Paperback | 9781611802917 | 12/22/2015

**White Lotus:** An Explanation of the Seven-Line Prayer to Guru Padmasambhava | [Jamgön Mipham, Translated by Padmakara Translation Group](#) | Paperback | 9781611802931 | 9/1/2015

**Advice from a Yogi:** An Explanation of a Tibetan Classic on What Is Most Important | [Khenchen Thrangu & Padampa Sangye](#) | Paperback | 9781559394475 | 8/25/2015

**Shambhala: The Sacred Path of the Warrior** | [Chögyam Trungpa](#) | Paperback | 9781611802320 | 6/16/2015

**Jewels of Enlightenment:** Wisdom Teachings from the Great Tibetan Masters | [Erik Pema Kunsang](#) | Paperback | 9781590301791 | 3/3/2015

**Open-Hearted Life:** Transformative Methods for Compassionate Living from a Clinical Psychologist and a Buddhist Nun | [Russell Kolts and Thubten Chodron](#) | Paperback | 9781611802115 | 3/3/2015

**Feeling Wisdom:** Working with Emotions Using Buddhist Teachings and Western Psychology | [Rob Preece](#) | Paperback | 9781611801682 | 1/13/2015

**Treasury of Esoteric Instructions:** An Explication of the Oral Instructions of the Path with the Result | [Virupa & Lama Dampa Sonam Gyaltsen, Translated by Cyrus Stearns](#) | Hardcover | 9781559393379 | 6/6/2014

**Heart Is Noble:** Changing the World from the Inside Out | [H.H. the Seventeenth Karmapa, Ogyen Trinley Dorje](#) | Paperback | 9781611800807 | 5/13/2014

**Straight from the Heart:** Buddhist Pith Instructions | [Translated by Karl Brunnhölzl](#) | Paperback | 9781559394451 | 4/22/2014

**Welcoming Flowers from across the Cleansed Threshold of Hope:** An Answer to Pope John Paul II's Criticism of Buddhism | [Thinley Norbu](#) | Paperback | 9781611801637 | 4/8/2014

**Tibetan Yoga of Breath:** Breathing Practices for Healing the Body and Cultivating Wisdom | [Anyen Rinpoche and Allison Choying Zangmo](#) | Paperback | 9781611800883 | 11/12/2013

**Opening the Treasure of the Profound:** Teachings on the Songs of Jigten Sumgon and Milarepa | [Milarepa, Jigten Sumgon, and Khenchen Konchog Gyaltsen Rinpoche](#) | Paperback | 9781611800708 | 10/7/2013

**Training the Wisdom Body:** Buddhist Yogic Exercise | [Rose Taylor Goldfield](#) | Paperback | 9781611800180 | 9/17/2013

**Healing Power of Meditation:** Leading Experts on Buddhism, Psychology, and Medicine Explore the Health Benefits of Contemplative Practice | [Edited by Andy Fraser](#) | Paperback | 9781611800593 | 7/9/2013

**Your Mind Is Your Teacher:** Self-Awakening through Contemplative Meditation | [Khenpo Gawang & Jamgon Mipham](#) | Paperback | 9781590309971 | 7/9/2013

**On the Path to Enlightenment:** Heart Advice from the Great Tibetan Masters | [Matthieu Ricard](#) | Paperback | 9781611800395 | 6/25/2013

**Dreaming Yourself Awake:** Lucid Dreaming and Tibetan Dream Yoga for Insight and Transformation | [B. Alan Wallace](#) | Paperback | 9781590309575 | 5/29/2012

**Heart Attack Sutra:** A New Commentary on the *Heart Sutra* | [Karl Brunnhölzl](#) | Paperback | 9781559393911 | 5/16/2012

**Natural Brilliance:** A Buddhist System for Uncovering Your Strengths and Letting Them Shine | [Irin Rockwell](#) | Paperback | 9781590309322 | 3/13/2012

**Everyday Consciousness and Primordial Awareness** | [Khenchen Thrangu](#) | Paperback | 9781559393799 | 10/16/2011

**How to Practice Shamatha Meditation:** The Cultivation of Meditative Quiescence | [Gen Lamrimpa, Translated by B. Alan Wallace](#) | Paperback | 9781559393843 | 10/16/2011



**Preparing for Tantra:** Creating the Psychological Ground for Practice | [Rob Preece](#) | Paperback | 9781559393775 | 9/16/2011

**Incarnation:** The History and Mysticism of the Tulku Tradition of Tibet | [Tulku Thondup](#) | Paperback | 9781590308394 | 8/9/2011

**Minding Closely:** The Four Applications of Mindfulness | [B. Alan Wallace](#) | Paperback | 9781559393690 | 7/16/2011

**The Guhyagarbha Tantra:** Secret Essence Definitive Nature Just as It Is | [Longchenpa](#), Translated by [Lama Chonam and Sangye Khandro](#) | Hardcover | 9781559394000 | 6/6/2011

**Secret Teachings of Padmasambhava:** Essential Instructions on Mastering the Energies of Life | [Padmasambhava](#), Translated by [Kennard Lipman](#) | Paperback | 9781590307748 | 10/12/2010

**Wisdom of Imperfection:** The Challenge of Individuation in Buddhist Life | [Rob Preece](#) | Paperback | 9781559393492 | 9/16/2010

**Natural Wakefulness:** Discovering the Wisdom We Were Born With | [Gaylon Ferguson](#) | Paperback | 9781590307694 | 9/14/2010

**Three Principal Aspects of the Path** | [Geshe Sonam Rinchen](#) | Paperback | 9781559393508 | 6/16/2010

**Key to the Precious Treasury** | [Dodrupchen Jigme Tenpa'i Nyima](#), Translated by [Lama Chonam and Sangye Khandro](#) | Hardcover | 9781559393515 | 6/6/2010

**Power and the Pain:** Transforming Spiritual Hardship into Joy | [Andrew Holecek](#) | Paperback | 9781559393317 | 3/16/2010

**Nectar of Manjushri's Speech:** A Detailed Commentary on Shantideva's *Way of the Bodhisattva* | [Kunzang Pelden](#), Translated by [Padmakara Translation Group](#) | Paperback | 9781590306994 | 2/9/2010

**Stars of Wisdom:** Analytical Meditation, Songs of Yogic Joy, and Prayers of Aspiration | [Khenpo Tsultrim Gyamtso](#) | Paperback | 9781590307755 | 2/9/2010

**Mishap Lineage:** Transforming Confusion into Wisdom | [Chögyam Trungpa](#) | Paperback | 9781590307137 | 7/14/2009

**Luminous Essence:** A Guide to the Guhyagarbha Tantra | [Jamgön Mipham](#), Translated by [Dharmachakra Translation Committee](#) | Hardcover | 9781559393270 | 6/16/2009

**Study and Practice of Meditation:** Tibetan Interpretations of the Concentrations and Formless Absorptions | [Leah Zahler](#) | Paperback | 9781559393256 | 6/16/2009

**Tantric Techniques** | [Jeffrey Hopkins](#) | Paperback | 9781559393201 | 4/16/2009

**Yantra Yoga:** The Tibetan Yoga of Movement | [Chogyal Namkhai Norbu](#), Translated by [Adriano Clemente](#) | Paperback | 9781559393089 | 12/16/2008

**Truthful Heart:** Buddhist Practices for Connecting with Others | [Jeffrey Hopkins](#) | Paperback | 9781559392907 | 2/4/2008

**Heart of Compassion:** The Thirty-seven Verses on the Practice of a Bodhisattva | [Dilgo Khyentse Rinpoche](#), Translated by [Padmakara Translation Group](#) | Paperback | 9781590304570 | 5/29/2007

**Chod Practice Manual and Commentary** | [14th Karmapa Thekchok Dorje, Jamgön Kongtrül Lodrö Tayé](#) | Paperback | 9781559392679 | 4/23/2007

**Compassionate Action** | [Chatral Rinpoche](#) | Paperback | 9781559392716 | 4/4/2007

**Essence of Other-Emptiness** | [Taranatha](#), Translated by [Jeffrey Hopkins](#) | Paperback | 9781559392730 | 2/9/2007

**Nāgārjuna's Precious Garland:** Buddhist Advice for Living and Liberation | [Nāgārjuna](#), Translated by [Jeffrey Hopkins](#) | Paperback | 9781559392747 | 1/26/2007

**Chöd in the Ganden Tradition:** The Oral Instructions of [Kyabje Zong Rinpoche](#) | [Zong Rinpoche](#) | Paperback | 9781559392617 | 11/8/2006

**Psychology of Buddhist Tantra** | [Rob Preece](#) | Paperback | 9781559392631 | 11/8/2006

**Penetrating Wisdom:** The Aspiration of Samantabhadra | [Dzogchen Ponlop Rinpoche](#) | Hardcover | 9781559392662 | 10/6/2006

**Way of the Bodhisattva:** Revised Edition | [Shantideva](#), Translated by [Padmakara Translation Group](#) | Paperback | 9781590303887 | 9/1/2006

**On Buddha Essence:** A Commentary on Rangjung Dorje's Treatise | [Khenchen Thrangu](#), Translated by [Peter Alan Roberts](#) | Paperback | 9781590302767 | 7/11/2006

**Practice of the Six Yogas of Naropa** | Translated by [Glenn H. Mullin](#) | Paperback | 9781559392563 | 7/10/2006

**Opening to Our Primordial Nature** | [Khenchen Palden Sherab & Khenpo Tsewang Dongyal](#) | Paperback | 9781559392495 | 4/27/2006

**Six Yogas of Naropa:** Tsongkhapa's Commentary | [Tsong-kha-pa](#), Translated by [Glenn H. Mullin](#) | Paperback | 9781559392341 | 10/4/2005

**Sanity We Are Born With:** A Buddhist Approach to Psychology | [Chögyam Trungpa](#) | Paperback | 9781590300909 | 2/1/2005

**In Buddha's Kitchen:** Cooking, Being Cooked, and Other Adventures in a Meditation Center | [Kimberley Snow](#) | Paperback | 9781590301470 | 9/1/2004

**Food of Bodhisattvas:** Buddhist Teachings on Abstaining from Meat | [Shabkar Tsogdruk Rangdrol](#), Translated by [Padmakara Translation Group](#) | Paperback | 9781590301166 | 8/1/2004

**In the Presence of Masters:** Wisdom from 30 Contemporary Tibetan Buddhist Teachers | Edited by [Reginald A. Ray](#) | Paperback | 9781570628498 | 6/1/2004

**Spectrum of Ecstasy:** Embracing the Five Wisdom Emotions of Vajrayana Buddhism | [Khandro Déchen and Ngakpa Chögyam](#) | Paperback | 9781590300619 | 7/1/2003

**Counsels from My Heart** | [Dudjom Rinpoche](#), Translated by [Padmakara Translation Group](#) | Paperback | 9781570629228 | 3/1/2003





**Essential Practice:** Lectures on Karmalashila's Stages of Meditation in the Middle Way School | **Khenchen Thrangu** | Paperback | 9781559391818 | 9/26/2002

**Three Visions:** Fundamental Teachings of the Sakya Lineage of Tibetan Buddhism | **Ngorchen Konchog Lhundrub** | Paperback | 9781559391771 | 5/7/2002

**Golden Yoke:** The Legal Cosmology of Buddhist Tibet | **Rebecca Redwood French** | Paperback | 9781559391719 | 2/13/2002

**Dawn of Tantra** | **Herbert V. Guenther & Chögyam Trungpa** | Paperback | 9781570628962 | 11/1/2001

**Lion's Roar:** An Introduction to Tantra | **Chögyam Trungpa** | Paperback | 9781570628955 | 11/1/2001

**Thirty-Seven Practices of Bodhisattvas** | **Geshe Sonam Rinchen** | Paperback | 9781559390682 | 10/31/2001

**Boundless Healing:** Meditation Exercises to Enlighten the Mind and Heal the Body | **Tulku Thondup** | Paperback | 9781570628788 | 10/1/2001

**Tibetan Folk Tales** | **Audrey and Frederick Hyde-Chambers** | Paperback | 9781570628924 | 10/1/2001

**Great Eastern Sun:** The Wisdom of Shambhala | **Chögyam Trungpa** | Paperback | 9781570628184 | 7/17/2001

**Glimpses of Abhidharma** | **Chögyam Trungpa** | Paperback | 9781570627644 | 1/1/2001

**The Bodhisattva Vow** | **Geshe Sonam Rinchen** | Paperback | 9781559391504 | 10/10/2000

**Mo:** Tibetan Divination System | **Jamgön Mipham** | Paperback | 9781559391474 | 5/2/2000

**Nature of Things:** Emptiness and Essence in the Geluk World | **William A. Magee** | Paperback | 9781559391450 | 5/2/2000

**Tibetan Arts of Love:** Sex, Orgasm, and Spiritual Healing | **Gedun Chopel** | Paperback | 9780937938973 | 5/2/2000

**Essential Chögyam Trungpa** | **Chögyam Trungpa** | Paperback | 9781570624667 | 8/1/1999

**Magic Dance:** The Display of the Self-Nature of the Five Wisdom Dakinis | **Thinley Norbu** | Paperback | 9780877738855 | 1/19/1999

**Sacred World:** The Shambhala Way to Gentleness, Bravery, and Power | **Jeremy and Karen Hayward** | Paperback | 9781570623615 | 11/1/1998

**Calm Abiding and Special Insight:** Achieving Spiritual Transformation through Meditation | **Geshe Gedun Lodrö** | Paperback | 9781559391108 | 1/19/1998

**Practice of Tranquillity and Insight:** A Guide to Tibetan Buddhist Meditation | **Khenchen Thrangu, Translated by Peter Roberts** | Paperback | 9781559391061 | 1/19/1998

**Six Perfections:** An Oral Teaching | **Geshe Sonam Rinchen** | Paperback | 9781559390897 | 1/19/1998

**Bodhicitta:** Cultivating the Compassionate Mind of Enlightenment | **Ven. Lobsang Gyatso** | Paperback | 9781559390705 | 1/1/1997

**Enthronement:** The Recognition of the Reincarnate Masters of Tibet and the Himalayas | **Jamgön Kongtrül Lodrö Tayé, Translated by Ngawang Zangpo** | Paperback | 9781559390835 | 1/1/1997

**Sky Burial:** An Eyewitness Account of China's Brutal Crackdown in Tibet | **Blake Kerr** | Paperback | 9781559390804 | 1/1/1997

**Two Views of Mind:** Abhidharma and Brain Science | **Christopher deCharms** | Paperback | 9781559390811 | 1/1/1997

**Small Golden Key:** To the Treasure of the Various Essential Necessities of General and Extraordinary Buddhist Dharma | **Thinley Norbu** | Paperback | 9780877738565 | 4/1/1993

**Calming the Mind:** Tibetan Buddhist Teachings on Cultivating Meditative Quiescence | **Gen Lamrimpa, Translated by B. Alan Wallace** | Paperback | 9781559390514 | 1/1/1992

**Two Truths** | **Guy Newland** | Paperback | 9780937938799 | 1/1/1992

**Orderly Chaos:** The Mandala Principle | **Chögyam Trungpa** | Paperback | 9780877736363 | 9/1/1991

**Knowing, Naming, and Negation:** A Sourcebook on Tibetan Sautrāntika | **Anne Carolyn Klein** | Paperback | 9780937938218 | 1/1/1991

**Jamgön Kongtrül's Retreat Manual** | **Jamgön Kongtrül Lodrö Tayé, Translated by Ngawang Zangpo** | Paperback | 9781559390293 | 1/1/1990

**From Reductionism to Creativity:** rDzogs-chen and the New Sciences of Mind | **Herbert V. Guenther** | Paperback | 9781570626418 | 1/1/1989

**Feminine Ground:** Essays on Women and Tibet | **Edited by Janice D. Willis** | Paperback | 9781559390521 | 1/1/1987

**Mind in Tibetan Buddhism** | **Lati Rinpoche, Translated by Elizabeth S. Napper** | Paperback | 9780937938027 | 1/1/1981

---

## Guru & Deity Yoga

**Guhyasamāja Practice in the Ārya Nāgārjuna System, Volume One** | **Gyumé Khensur Lobsong Jampa** | Hardcover | 9781559394857 | 12/17/2019

**Gathering of Vidyadharas:** Text and Commentaries on the Rigdzin Düpa | **Jigme Lingpa, Patrul Rinpoche, Khenpo Chemchok, and more, Translated by Gyurme Avertin** | Paperback | 9781611803617 | 9/26/2017

**The Life and Visions of Yeshé Tsogyal:** The Autobiography of the Great Wisdom Queen | **Yeshe Tsogyal and Drimé Kunga, Translated by Chönyi Drolma** | Paperback | 9781611804348 | 8/22/2017

**Great Exposition of Secret Mantra, Volume 2:** Deity Yoga | **H.H. the Fourteenth Dalai Lama & Tsongkhapa** | Paperback | 9781611803587 | 5/2/2017

**Great Exposition of Secret Mantra, Volume 3:** Yoga Tantra | **H.H. the Fourteenth Dalai Lama & Tsongkhapa** | Paperback | 9781611803600 | 5/2/2017



**Art of Awakening:** A User's Guide to Tibetan Buddhist Art and Practice | [Konchog Lhadrepa & Charlotte Davis](#) | Paperback | 9781611803877 | 4/11/2017

**Great Exposition of Secret Mantra, Volume 1:** Tantra in Tibet (Revised Edition) | [H.H. the Fourteenth Dalai Lama & Tsongkhapa](#) | Paperback | 9781611803594 | 12/27/2016

**The Guru Drinks Bourbon?** | [Dzongsar Jamyang Khyentse](#) | Paperback | 9781611803747 | 11/22/2016

**Pure Appearance:** Development and Completion Stages in Vajrayana Practice | [Dilgo Khyentse Rinpoche](#) | Paperback | 9781611803419 | 7/26/2016

**Profound Inner Principles:** With Jamgön Kongtrül Lodrö Tayé's Commentary, *Illuminating "The Profound Principles"* | [The Third Karmapa & Jamgön Kongtrül Lodrö Tayé](#), Translated by [Elizabeth M. Callahan](#) | Hardcover | 9781559394161 | 1/6/2015

**Establishing Appearances as Divine:** Rongzom Chokyi Zangpo on Reasoning, Madhyamaka, and Purity | [Rongzom Chokyi Zangpo & Heidi I. Koppl](#) | Paperback | 9781559394192 | 9/10/2013

**How to Free Your Mind:** The Practice of Tara the Liberator | [Thubten Chodron](#) | Paperback | 9781559393980 | 7/9/2013

**Tantric Path of Indestructible Wakefulness (Volume 3):** The Profound Treasury of the Ocean of Dharma | [Chögyam Trungpa](#) | Hardcover | 9781590308042 | 4/8/2013

**Vajra Wisdom:** Deity Practice in Tibetan Buddhism | [Kunkyen Tenpe Nyima & Shechen Gyaltsap IV](#), Translated by [Dharmachakra Translation Committee](#) | Hardcover | 9781559393973 | 4/8/2013

**Practice of Padmasambhava:** Essential Instructions on the Path to Awakening | [Shechen Gyaltsap IV & Rinchen Dargye](#), Translated by [Dharmachakra Translation Committee](#) | Paperback | 9781559393621 | 3/16/2011

**Wise Teacher, Wise Student:** Tibetan Approaches to a Healthy Relationship | [Alexander Berzin](#) | Paperback | 9781559393478 | 6/16/2010

**Union of Bliss and Emptiness:** Teachings on the Practice of Guru Yoga | [H.H. the Fourteenth Dalai Lama](#), Translated by [Thupten Jinpa](#) | Paperback | ISBN | 4/16/2009

**Dark Red Amulet:** Oral Instructions on the Practice of Vajrakilaya | [Khenchen Palden Sherab & Khenpo Tsewang Dongyal](#) | Paperback | 9781559393119 | 2/16/2009

**Tara's Enlightened Activity:** An Oral Commentary on The Twenty-one Praises to Tara | [Khenchen Palden Sherab & Khenpo Tsewang Dongyal](#) | Paperback | 9781559392877 | 9/25/2007

**Deity, Mantra, and Wisdom:** Development Stage Meditation in Tibetan Buddhist Tantra | [Jigme Lingpa, Patrul Rinpoche & Getse Mahapandita](#), Translated by [Dharmachakra Translation Committee](#) | Hardcover | 9781559393003 | 5/11/2007

**Cultivating a Compassionate Heart:** The Yoga Method of Chenrezig | [Thubten Chodron](#) | Paperback | 9781559392426 | 3/13/2006

**Generation Stage in Buddhist Tantra** | [Ven. Gyatrul Rinpoche](#) | Paperback | 9781559392297 | 4/8/2005

**Dangerous Friend:** The Teacher-Student Relationship in Vajrayana Buddhism | [Rig'dzin Dorje](#) | Paperback | 9781570628573 | 9/1/2001

**Journey Without Goal:** The Tantric Wisdom of the Buddha | [Chögyam Trungpa](#) | Paperback | 9781570627576 | 10/1/2000

**Guru Yoga:** According to the Preliminary Practice of Longchen Nyingtik | [Dilgo Khyentse Rinpoche](#) | Paperback | 9781559391214 | 5/1/1999

**Wish-Fulfilling Jewel:** The Practice of Guru Yoga according to the Longchen Nyingthig Tradition | [Dilgo Khyentse Rinpoche](#) | Paperback | 9781570624520 | 4/1/1999

**Practice of Vajrakilaya** | [Khenpo Namdrol Rinpoche](#) | Paperback | 9781559391030 | 1/19/1999

**Teacher-Student Relationship** | [Jamgön Kongtrül Lodrö Tayé](#) | Paperback | 9781559390965 | 1/19/1999

**Tibetan Literature:** Studies in Genre | Edited by [Jose Cabezon & Roger R. Jackson](#) | Paperback | 9781559390446 | 1/1/1996

**Heart Treasure of the Enlightened Ones:** The Practice of View, Meditation, and Action | [Dilgo Khyentse Rinpoche](#) | Paperback | 9780877734932 | 7/1/1992

---

## Introductions to Buddhism

**Wake Up to What Matters:** A Guide to Tibetan Buddhism for the Next Generation | [Avikrita Vajra Sakya](#) | Paperback | 9781611806601 | 12/03/2019

**Refining Gold:** Stages in Buddhist Contemplative Practice | [H.H. the Fourteenth Dalai Lama](#) | Paperback | 9781611807332 | 8/20/2019

**Choosing Compassion:** How to Be of Benefit in a World That Needs Our Love | [Anam Thubten](#) | Paperback | 9781611807271 | 8/6/2019

**Guided Buddhist Meditations:** Essential Practices on the Stages of the Path | [Thubten Chodron](#) | Paperback | 9781611807301 | 7/30/2019

**Perfecting Wisdom:** How Things Appear and How They Truly Are | [H.H. the Fourteenth Dalai Lama](#) | Paperback | 9781611807349 | 7/16/2019

**Awaken Every Day:** 365 Buddhist Reflections to Invite Mindfulness and Joy | [Thubten Chodron](#) | Paperback | 9781611807165 | 6/18/2019

**Stages of Meditation:** The Buddhist Classic on Training the Mind | [H.H. the Fourteenth Dalai Lama](#) | Paperback | 9781611806823 | 2/19/2019

**Compassionate Kitchen:** Buddhist Practices for Eating with Mindfulness and Gratitude | [Thubten Chodron](#) | Paperback | 9781611806342 | 12/11/2018

**Perfecting Patience:** Buddhist Techniques to Overcome Anger | [H.H. the Fourteenth Dalai Lama](#) | Paperback | 9781559394796 | 11/27/2018

**Future Is Open:** Good Karma, Bad Karma, and Beyond Karma | [Chögyam Trungpa](#) | Paperback | 9781590309537 | 11/13/2018



**Pure Joy of Being:** An Illustrated Introduction to the Story of the Buddha and the Practice of Meditation | [Fabrice Midal](#) | Hardcover | 9781611804843 | 10/17/2017

**Pocket Chögyam Trungpa** | [Chögyam Trungpa](#) | Paperback | 9781611804409 | 8/1/2017

**Pocket Dalai Lama** | [H.H. the Fourteenth Dalai Lama](#) | Paperback | 9781611804416 | 8/1/2017

**Just King:** The Tibetan Buddhist Classic on Leading an Ethical Life | [Jamgon Mipham](#), Translated by [José Cabezón](#) | Paperback | 9781611804966 | 7/18/2017

**Embracing Each Moment:** A Guide to the Awakened Life | [Anam Thubten](#) | Paperback | 9781611805130 | 6/27/2017

**Heart of Meditation:** Discovering Innermost Awareness | [H.H. the Fourteenth Dalai Lama](#) | Paperback | 9781611804089 | 4/11/2017

**Good Karma:** How to Create the Causes of Happiness and Avoid the Causes of Suffering | [Thubten Chodron](#) | Paperback | 9781611803396 | 8/9/2016

**Embracing Each Moment:** A Guide to the Awakened Life | [Anam Thubten](#) | Hardcover | 9781611803464 | 7/26/2016

**Our Pristine Mind:** A Practical Guide to Unconditional Happiness | [Orgyen Chowang](#) | Paperback | 9781611803273 | 6/7/2016

**Relaxed Mind:** A Seven-Step Method for Deepening Meditation Practice | [Dza Kilung Rinpoche](#) | Paperback | 9781611802825 | 11/10/2015

**Karma:** What It Is, What It Isn't, Why It Matters | [Traleg Kyabgon](#) | Paperback | 9781590308882 | 6/30/2015

**Always Present:** The Luminous Wisdom of Jigme Phuntsok | [Jigme Phuntsok](#) | Paperback | 9781559394505 | 4/28/2015

**The Heart of Unconditional Love:** A Powerful New Approach to Loving-Kindness Meditation | [Tulku Thondup](#) | Paperback | 9781611802351 | 3/31/2015

**Essence of Buddhism:** An Introduction to Its Philosophy and Practice | [Traleg Kyabgon](#) | Paperback | 9781590307885 | 11/11/2014

**Bodhisattva Path of Wisdom and Compassion (Volume 2):** The Profound Treasury of the Ocean of Dharma | [Chögyam Trungpa](#) | Paperback | 9781611801057 | 4/15/2014

**Path of Individual Liberation (Volume 1):** The Profound Treasury of the Ocean of Dharma | [Chögyam Trungpa](#) | Paperback | 9781611801040 | 4/15/2014

**Stillness, Insight, and Emptiness:** Buddhist Meditation from the Ground Up | [Lama Dudjom Dorjee](#) | Paperback | 9781559394208 | 12/3/2013

**Nagarjuna's Letter to a Friend:** With Commentary by [Kangyur Rinpoche](#) | [Nagarjuna](#), [Longchen Yeshe Dorje](#), and [Kangyur Rinpoche](#) | Paperback | 9781559394154 | 9/10/2013

**Treasury of Precious Qualities: Book Two:** Vajrayana and the Great Perfection | [Jigme Lingpa](#), [Longchen Yeshe Dorje](#), and [Kangyur Rinpoche](#), Translated by [Padmakara Translation Group](#) | Hardcover | 9781611800456 | 8/20/2013

**No Self, No Problem:** Awakening to Our True Nature | [Anam Thubten](#) | Paperback | 9781559394048 | 6/11/2013

**Don't Believe Everything You Think:** Living with Wisdom and Compassion | [Thubten Chodron](#) | Paperback | 9781559393966 | 1/8/2013

**Kindness, Clarity, and Insight** | [H.H. the Fourteenth Dalai Lama](#) | Paperback | 9781559394031 | 1/8/2013

**Magic of Awareness** | [Anam Thubten](#) | Paperback | 9781559393928 | 5/16/2012

**Dharma Paths** | [Khenpo Karthar Rinpoche](#) | Paperback | 9781559393782 | 10/16/2011

**Rebel Buddha:** A Guide to a Revolution of Mind | [Dzogchen Ponlop Rinpoche](#) | Paperback | 9781590309292 | 9/6/2011

**The Power of an Open Question:** The Buddha's Path to Freedom | [Elizabeth Mattis Namgyel](#) | Paperback | 9781590309278 | 6/21/2011

**The Path Is the Goal:** A Basic Handbook of Buddhist Meditation | [Chögyam Trungpa](#) | Paperback | 9781590309100 | 6/7/2011

**Work, Sex, Money:** Real Life on the Path of Mindfulness | [Chögyam Trungpa](#), Edited by [Carolyn Rose Gimian](#) and [Sherab Chödzin Kohn](#) | Paperback | 9781590305966 | 2/8/2011

**Heart of the Buddha:** Entering the Tibetan Buddhist Path | [Chögyam Trungpa](#) | Paperback | 9781590307663 | 11/23/2010

**Meditation in Action:** 40th Anniversary Edition | [Chögyam Trungpa](#) | Paperback | 9781590308769 | 11/23/2010

**Buddhist Path:** A Practical Guide from the Nyingma Tradition of Tibetan Buddhism | [Khenchen Palden Sherab & Khenpo Tsewang Dongyal](#) | Paperback | 9781559393553 | 9/16/2010

**Daring Steps:** Traversing the Path of the Buddha | [Ringu Tulku](#) | Paperback | 9781559393546 | 9/16/2010

**Four Immeasurables:** Practices to Open the Heart | [B. Alan Wallace](#) | Paperback | 9781559393539 | 9/16/2010

**Truth of Suffering and the Path of Liberation** | [Chögyam Trungpa](#) | Paperback | 9781590307700 | 6/8/2010

**Treasury of Precious Qualities: Book One:** Sutra Teachings (Revised Edition) | [Jigme Lingpa](#), [Longchen Yeshe Dorje](#), and [Kangyur Rinpoche](#), Translated by [Padmakara Translation Group](#) | Paperback | 9781590307113 | 4/20/2010

**Complete Guide to the Buddhist Path** | [Khenchen Konchog Gyaltsen Rinpoche](#) | Paperback | 9781559393423 | 3/16/2010

**Heartfelt Advice:** Lama Dudjom Dorjee | Paperback | Binding | 9781559393461 | 3/16/2010

**Light Comes Through:** Buddhist Teachings on Awakening to Our Natural Intelligence | [Dzigar Kongtrul](#) | Paperback | 9781590307199 | 12/15/2009

**Introduction to Emptiness:** As Taught in Tsong-kha-pa's *Great Treatise on the Stages of the Path* | [Guy Newland](#) | Paperback | 9781559393324 | 10/16/2009



**What Makes You Not a Buddhist** | Dzongsar Jamyang Khyentse | Paperback | 9781590305706 | 8/12/2008

**Concise Introduction to Tibetan Buddhism** | John Powers | Paperback | 9781559392969 | 4/28/2008

**Introduction to Tibetan Buddhism** | John Powers | Paperback | 9781559392822 | 11/9/2007

**Guided Meditations on the Stages of the Path** | Thubten Chodron | Hardcover | 9781559392815 | 9/5/2007

**Contemplating Reality: A Practitioner's Guide to the View in Indo-Tibetan Buddhism** | Andy Karr | Paperback | 9781590304297 | 4/10/2007

**How Karma Works: The Twelve Links of Dependent-Arising** | Geshe Sonam Rinchen | Paperback | 9781559392549 | 7/19/2006

**Hundred Verses of Advice: Tibetan Buddhist Teachings on What Matters Most** | Dilgo Khyentse Rinpoche & Padampa Sangye, Translated by Padmakara Translation Group | Paperback | 9781590303412 | 7/11/2006

**Transforming Adversity into Joy and Courage: An Explanation of the *Thirty-Seven Practices of Bodhisattvas*** | Geshe Jampa Tegchok | Paperback | 9781559392327 | 9/2/2005

**This Precious Life: Tibetan Buddhist Teachings on the Path to Enlightenment** | Khandro Rinpoche | Paperback | 9781590301746 | 2/1/2005

**Taming the Mind** | Thubten Chodron | Paperback | 9781559392211 | 8/18/2004

**Beginner's Guide to Tibetan Buddhism:** | Bruce Newman | Paperback | 9781559392112 | 5/13/2004

**Path to Buddhahood: Teachings on Gampopa's *Jewel Ornament of Liberation*** | Ringu Tulku | Paperback | 9781590300121 | 10/1/2003

**Heart Sutra: An Oral Teaching** | Geshe Sonam Rinchen | Paperback | 9781559392013 | 9/26/2003

**Buddhism of Tibet** | H.H. the Fourteenth Dalai Lama | Paperback | 9781559391856 | 9/19/2002

**Cutting Through Spiritual Materialism** | Chögyam Trungpa | Paperback | 9781570629570 | 8/1/2002

**Indestructible Truth: The Living Spirituality of Tibetan Buddhism** | Reginald A. Ray | Paperback | 9781570629105 | 7/1/2002

**Working with Anger** | Thubten Chodron | Paperback | 9781559391634 | 9/17/2001

**Enlightened Journey: Buddhist Practice as Daily Life** | Tulku Thondup | Paperback | 9781570620218 | 5/1/2001

**Buddhism for Beginners** | Thubten Chodron | Paperback | 9781559391535 | 1/22/2001

**Atisha's Lamp for the Path to Enlightenment** | Geshe Sonam Rinchen | Paperback | 9781559390828 | 1/1/1997

**Guide to the Bodhisattva Way of Life: Shantideva, Translated by Vesna & B. Alan Wallace** | Paperback | 9781559390613 | 1/1/1997

**Awakening the Sleeping Buddha** | XII Khentin Tai Situpa Rinpoche | Paperback | 9781570621857 | 11/1/1996

**Path to Enlightenment: H.H. the Fourteenth Dalai Lama** | Paperback | 9781559390323 | 1/19/1994

**Four Noble Truths** | Ven. Lobsang Gyatso | Paperback | 9781559390279 | 1/1/1994

**Open Heart Clear Mind: An Introduction to the Buddha's Teachings** | Thubten Chodron | Paperback | 9780937938874 | 1/1/1990

**Cutting Through Appearances: Practice and Theory of Tibetan Buddhism** | Geshe Lhundub Sopa | Paperback | 9780937938812 | 1/1/1989

---

## Kalachakra

**Butön's History of Buddhism in India and Its Spread to Tibet: A Treasury of Priceless Scripture** | Butön Rinchen Drup | Hardcover | 9781559394130 | 8/20/2013

**Treasury of Knowledge: Book Seven and Book Eight, Parts One and Two: Foundations of Buddhist Study and Practice** | Jamgön Kongtrül Lodrö Tayé, Translated by Richard Barron (Chokyi Nyima) | Hardcover | 9781559393997 | 1/8/2013

**Introduction to the Kalachakra Initiation** | Alexander Berzin | Paperback | 9781559393737 | 3/16/2011

**Buddha from Dölpo: A Study of the Life and Thought of the Tibetan Master Dölpopa Sherab Gyaltzen** | Cyrus Stearns | Hardcover | 9781559393430 | 8/16/2010

**As Long as Space Endures: Essays on the Kalachakra Tantra in Honor of H.H. the Dalai Lama** | Paperback | 9781559393300 | 8/16/2009

**Treasury of Knowledge: Book Eight, Part Four: Esoteric Instructions** | Jamgön Kongtrül Lodrö Tayé, Translated by Sarah Harding | Hardcover | 9781559392846 | 3/1/2008

**Highest Yoga Tantra** | Daniel Cozort | Paperback | 9781559392358 | 9/12/2005

**Wheel of Time Sand Mandala: Visual Scripture of Tibetan Buddhism** | Barry Bryant | Paperback | 9781559391870 | 3/24/2003

**Tibetan Astrology** | Philippe Cornu | Paperback | 9781570629631 | 12/1/2002

**Practice of Kalachakra** | Glenn H. Mullin | Paperback | 9780937938959 | 1/1/1991

**Wheel of Time: Kalachakra in Context** | Geshe Lhundub Sopa & Roger R. Jackson | Paperback | 9781559390019 | 1/1/1991

---

## Lam-Rim

**Guided Buddhist Meditations: Essential Practices on the Stages of the Path** | Thubten Chodron | Paperback | 9781611807301 | 7/30/2019

**Emanated Scripture of Manjushri: Shabkar's Essential Meditation Instructions** | Shabkar Tsogdruk Rangdrol, Translated by Sean Price | Hardcover | 9781559394611 | 2/5/2019





**Complete Foundation:** The Systematic Approach to Training the Mind | H.H. the Fourteenth Dalai Lama | Paperback | 9781559394765 | 8/14/2018

**Great Treatise on the Stages of the Path to Enlightenment (Volume 1)** | Tsongkhapa | Paperback | 9781559394420 | 12/9/2014

**Great Treatise on the Stages of the Path to Enlightenment (Volume 2)** | Tsongkhapa | Paperback | 9781559394437 | 12/9/2014

**Great Treatise on the Stages of the Path to Enlightenment (Volume 3)** | Tsongkhapa | Paperback | 9781559394444 | 12/9/2014

**From Here to Enlightenment:** An Introduction to Tsong-kha-pa's Classic Text *The Great Treatise on the Stages of the Path to Enlightenment* | H.H. the Fourteenth Dalai Lama | Paperback | 9781559394239 | 2/11/2014

**Treasury of Precious Qualities: Book One:** Sutra Teachings (Revised Edition) | Jigme Lingpa, Longchen Yeshe Dorje, and Kangyur Rinpoche, Translated by Padmakara Translation Group | Paperback | 9781590307113 | 4/20/2010

**Treasury of Precious Qualities: Book Two:** Vajrayana and the Great Perfection | Jigme Lingpa, Longchen Yeshe Dorje, and Kangyur Rinpoche, Translated by Padmakara Translation Group | Hardcover | 9781611800456 | 8/20/2013

**Guided Meditations on the Stages of the Path:** Thubten Chodron | Hardcover | Binding | 9781559392815 | 9/5/2007

**Jewel Ornament of Liberation:** The Wish-Fulfilling Gem of the Noble Teachings | Gampopa, Translated by Khenchen Konchog Gyaltsen Rinpoche | Paperback | 9781559390927 | 1/19/1998

**Atisha's Lamp for the Path to Enlightenment** | Geshe Sonam Rinchen | Paperback | 9781559390828 | 1/1/1997

## Lojong / Mind Training

**Stop Biting the Tail You're Chasing:** Using Buddhist Mind Training to Free Yourself from Painful Emotional Patterns | Anyen Rinpoche & Allison Choying Zangmo | Paperback | 9781611805710 | 7/10/2018

**Steps to the Great Perfection:** The Mind-Training Tradition of the Dzogchen Masters | Jigme Lingpa, Translated by Cortland Dahl | Paperback | 9781559394772 | 6/19/2018

**Intelligent Heart:** A Guide to the Compassionate Life | Dzigar Kongtrul | Paperback | 9781611801781 | 5/10/2016

**Seven-Point Mind Training:** A Tibetan Method for Cultivating Mind and Heart | B. Alan Wallace | Paperback | 9781559393935 | 5/16/2012

**Practice of Lojong:** Cultivating Compassion through Training the Mind | Traleg Kyabgon | Paperback | 9781590303788 | 4/10/2007

**Mind Training:** Ringu Tulku | Paperback | Binding | 9781559392785 | 4/4/2007

**Eight Verses for Training the Mind** | Geshe Sonam Rinchen | Paperback | 9781559392594 | 7/19/2006

**Enlightened Courage:** An Explanation of the Seven-Point Mind Training | Dilgo Khyentse Rinpoche, Translated by Padmakara Translation Group | Paperback | 9781559392532 | 6/20/2006

**Balancing the Mind:** A Tibetan Buddhist Approach to Refining Attention | B. Alan Wallace | Paperback | 9781559392303 | 4/8/2005

**Great Path of Awakening:** The Classic Guide to Lojong a Tibetan Buddhist Practice for Cultivating the Heart of Compassion | Jamgön Kongtrül Lodrö Tayé, Translated by Ken McLeod | Paperback | 9781590302149 | 4/1/2005

**Buddhism with an Attitude:** The Tibetan Seven-Point Mind-Training | B. Alan Wallace | Paperback | 9781559392006 | 7/31/2003

**Training the Mind and Cultivating Loving-Kindness** | Chögyam Trungpa | Paperback | 9781590300510 | 6/1/2003

## Madhyamaka

**Perfecting Wisdom:** How Things Appear and How They Truly Are | H.H. the Fourteenth Dalai Lama | Paperback | 9781611807349 | 7/16/2019

**Wisdom Chapter:** Jamgön Mipham's Commentary on the Ninth Chapter of *The Way of the Bodhisattva* | Jamgön Mipham | Hardcover | 9781611804164 | 6/13/2017

**Root Stanzas of the Middle Way:** The *Mūlamadhyamakakārikā* | Nāgārjuna, Translated by Padmakara Translation Group | Hardcover | 9781611803426 | 6/21/2016

**Study of Svātantrika** | Donald S. Lopez Jr. | Paperback | 9781559394550 | 2/2/2016

**Course in Buddhist Reasoning and Debate:** An Asian Approach to Analytical Thinking Drawn from Indian and Tibetan Sources | Daniel E. Perdue | Hardcover | 9781559394215 | 4/22/2014

**Ornament of the Middle Way:** A Study of the Madhyamaka Thought of Śāntarakṣita | James Blumenthal | Paperback | 9781559394307 | 11/5/2013

**Ornament of Reason:** The Great Commentary to Nāgārjuna's *Root of the Middle Way* | Mabja Jangchub Tsondru, Translated by Dharmachakra Translation Committee | Hardcover | 9781559393683 | 4/16/2011

**How to Realize Emptiness** | Gen Lamrimpa, Translated by B. Alan Wallace | Paperback | 9781559393584 | 9/16/2010

**Adornment of the Middle Way:** Shantarakshita's *Madhyamakalankara* with Commentary by Jamgon Mipham | Shantarakshita and Jamgön Mipham, Translated by Padmakara Translation Group | Paperback | 9781590304198 | 2/9/2010

**Luminous Heart:** The Third Karmapa on Consciousness, Wisdom, and Buddha Nature | Karl Brunnhölzl | Hardcover | 9781559393188 | 3/16/2009

**Karmapa's Middle Way:** Feast for the Fortunate | The Ninth Karmapa Wangchuk Dorje, Translated by Tyler Dewar | Hardcover | 9781559392891 | 10/1/2008

**Āryadeva's Four Hundred Stanzas on the Middle Way:** With Commentary by Gyel-tsap | Āryadeva, Gyel-tsap & Geshe Sonam Rinchen, | Paperback | 9781559393027 | 7/21/2008



**Tsong-kha-pa's Final Exposition of Wisdom** | Jeffrey Hopkins | Paperback | 9781559392976 | 4/1/2008

**Moon of Wisdom:** Chapter Six of Chandrakirti's *Entering the Middle Way* with Commentary from the Eighth Karmapa Mikyö Dorje's *Chariot of the Dagpo Kagyu Siddhas* | Chandrakirti & The Eighth Karmapa Mikyö Dorje, Translated by Khenpo Tsültrim Gyamtso | Paperback | 9781559392310 | 2/2/2006

**Introduction to the Middle Way:** Chandrakirti's *Madhyamakavatara* with Commentary by Jamgön Mipham | Chandrakirti & Jamgön Mipham, Translated by Padmakara Translation Group | Paperback | 9781590300091 | 2/1/2005

**Center of the Sunlit Sky:** Madhyamaka in the Kagyü Tradition | Karl Brunnhölzl | Hardcover | 9781559392181 | 11/2/2004

**Maps of the Profound:** Jam-Yang-Shay-Ba's Great Exposition of Buddhist and Non-Buddhist Views on the Nature of Reality | Jeffrey Hopkins | Hardcover | 9781559392075 | 10/28/2003

**Buddhist Philosophy:** Losang Gonchok's Short Commentary to Jamyang Shayba's Root Text on Tenets | Daniel Cozort & Craig Preston | Paperback | 9781559391986 | 8/26/2003

**Sun of Wisdom:** Teachings on the Noble Nagarjuna's *Fundamental Wisdom of the Middle Way* | Khenpo Tsültrim Gyamtso | Paperback | 9781570629990 | 2/1/2003

**Appearance and Reality:** The Two Truths in the Four Buddhist Tenet Systems | Guy Newland | Paperback | 9781559391313 | 8/1/1999

**Nāgārjuna's "Seventy Stanzas":** A Buddhist Psychology of Emptiness | David Ross Komito & Geshe Sonam Rinchen | Paperback | 9780937938393 | 5/1/1999

**Unique Tenets of The Middle Way Consequence School** | Daniel Cozort | Paperback | 9781559390774 | 1/19/1998

**Emptiness Yoga:** The Tibetan Middle Way | Jeffrey Hopkins | Paperback | 9781559390439 | 1/1/1995

**Knowledge and Liberation:** Tibetan Buddhist Epistemology in Support of Transformative Religious Experience | Anne Carolyn Klein | Paperback | 9781559391146 | 1/19/1987

---

### Other Academic Titles

**Zhijie: The Pacification of Suffering:** Essential Teachings of the Eight Practice Lineages of Tibet Volume 13 (The Treasury of Precious Instructions) | Jamgön Kongtrül Lodrö Tayé, Translated by Sarah Harding | Hardcover | 9781559394840 | 8/27/2019

**Compendium of the Mahayana:** Asaṅga's Mahāyānasamgraha and Its Indian and Tibetan Commentaries | Asaṅga, Karl Brunnhölzl, Vadsubhandu, etc | Hardcover | 9781559394659 | 2/5/2019

**Changing Minds:** Contributions to the Study of Buddhism and Tibet in Honor of Jeffrey Hopkins | Edited by Guy Newland | Paperback | 9781611805284 | 9/12/2017

**Tibetan Zen:** Discovering a Lost Tradition | Sam van Schaik | Paperback | 9781559394468 | 8/25/2015

**Course in Buddhist Reasoning and Debate:** An Asian Approach to Analytical Thinking Drawn from Indian and Tibetan Sources | Daniel E. Perdue | Hardcover | 9781559394215 | 4/22/2014

**Establishing Appearances as Divine:** Rongzom Chokyi Zangpo on Reasoning, Madhyamaka, and Purity | Heidi I. Koppl & Rongzom Chokyi Zangpo | Paperback | 9781559394192 | 9/10/2013

**Tibetan Treasure Literature:** Revelation, Tradition, and Accomplishment in Visionary Buddhism | Andreas Doctor | Paperback | 9781559394253 | 5/1/2013

**Destroying Mara Forever:** Buddhist Ethics Essays in Honor of Damien Keown | Edited by John Powers & Charles S. Prebish | Paperback | 9781559393416 | 2/16/2010

**As Long as Space Endures:** Essays on the Kalacakra Tantra in Honor of H.H. the Dalai Lama | Paperback | 9781559393300 | 8/16/2009

**Tibetan Logic** | Katherine Manchester Rogers | Paperback | 9781559393157 | 3/16/2009

**Absorption in No External World:** 170 Issues in Mind-Only Buddhism | Jeffrey Hopkins | Hardcover | 9781559392419 | 1/3/2006

**Choosing Reality:** A Buddhist View of Physics and the Mind | B. Alan Wallace | Paperback | 9781559391993 | 7/28/2003

**Clear Mirror:** A Traditional Account of Tibet's Golden Age | Sakyapa Sonam Gyaltzen | Paperback | 9781559390484 | 1/1/1996

**Debate in Tibetan Buddhism** | Daniel E. Perdue | Paperback | 9780937938768 | 1/1/1992

---

### Pema Chödrön

**Welcoming the Unwelcome:** Wholehearted Living in a Brokenhearted World | Pema Chödrön | Hardcover | 9781611805659 | 10/15/2019

**Living Beautifully:** with Uncertainty and Change | Pema Chödrön | Paperback | 9781611806809 | 5/21/2019

**Taking the Leap:** Freeing Ourselves from Old Habits and Fears | Pema Chödrön | Paperback | 9781611806830 | 4/16/2019

**Start Where You Are:** A Guide to Compassionate Living | Pema Chödrön | Paperback | 9781611805970 | 11/6/2018

**Becoming Bodhisattvas:** A Guidebook for Compassionate Action | Pema Chödrön | Paperback | 9781611806328 | 9/4/2018

**Places That Scare You:** A Guide to Fearlessness in Difficult Times | Pema Chödrön | Paperback | 9781611805963 | 8/21/2018

**Comfortable with Uncertainty:** 108 Teachings on Cultivating Fearlessness and Compassion | Pema Chödrön | Paperback | 9781611805956 | 3/27/2018

**Awakening Loving-Kindness** | Pema Chödrön | Paperback | 9781611805253 | 9/5/2017

**Pocket Pema Chödrön** | Pema Chödrön | Paperback | 9781611804423 | 8/1/2017

**Compassion Book:** Teachings for Awakening the Heart | Pema Chödrön | Paperback | 9781611804201 | 3/21/2017



**Pema Chödrön's Compassion Cards:** Teachings for Awakening the Heart in Everyday Life | [Pema Chödrön](#) | Mixed-Media | 9781611803648 | 11/15/2016

**When Things Fall Apart:** Heart Advice for Difficult Times | [Pema Chödrön](#) | Paperback | 9781611803433 | 6/7/2016

**Pocket Pema Chödrön** | [Pema Chödrön](#) | Paperback | 9781590306512 | 12/9/2008

**Practicing Peace in Times of War** | [Pema Chödrön](#) | Paperback | 9781590305003 | 9/11/2007

**Wisdom of No Escape:** And the Path of Loving-Kindness | [Pema Chödrön](#) | Paperback | 9781570628726 | 9/1/2001

---

## Poetry

**Gendun Chopel:** Tibet's Modern Visionary (Lives of the Masters) | [Donald S. Lopez Jr.](#) | Paperback | 9781611804065 | 5/29/2018

**Hundred Thousand Songs of Milarepa:** A New Translation | [Translated By Christopher Stagg](#) | Paperback | 9781559394482 | 9/5/2017

**Songs of Spiritual Experience:** Tibetan Buddhist Poems of Insight and Awakening | [Translated by Thupten Jinpa & Jas Elsner](#) | Paperback | 9781570629112 | 1/27/2014

**Treasury of Knowledge: Book Six, Parts One and Two:** Indo-Tibetan Classical Learning and Buddhist Phenomenology | [Jamgön Kongtrul Lodrö Tayé](#), [Translated by Gyurme Dorje](#) | Hardcover | 9781559393898 | 1/8/2013

**Rain of Wisdom:** The Essence of the Ocean of True Meaning | [Translated by Nalanda Translation Committee](#) | Paperback | 9781590309018 | 5/11/2010

**Mudra:** Early Poems and Songs | [Chögyam Trungpa](#) | Paperback | 9780877730514 | 5/1/2001

**Timely Rain:** Selected Poetry of Chögyam Trungpa | [Chögyam Trungpa](#) | Paperback | 9781570621741 | 5/1/1998

**Tibetan Literature:** Studies in Genre | [Edited by José Cabezón & Roger R. Jackson](#) | Paperback | 9781559390446 | 1/1/1996

**First Thought Best Thought:** 108 Poems | [Chögyam Trungpa](#) | Paperback | 9781570626104 | 1/1/1983

---

## Preliminary Practices (Ngondro)

**Art of Awakening:** A User's Guide to Tibetan Buddhist Art and Practice | [Konchog Lhadrepa & Charlotte Davis](#) | Paperback | 9781611803877 | 4/11/2017

**Torch Lighting the Way to Freedom:** Complete Instructions on the Preliminary Practices | [Dudjom Rinpoche](#), [Translated by Padmakara Translation Group](#) | Paperback | 9781611804034 | 12/6/2016

**Turning Confusion into Clarity:** A Guide to the Foundation Practices of Tibetan Buddhism | [Yongey Mingyur](#) | Paperback | 9781611801217 | 7/8/2014

**Not for Happiness:** A Guide to the So-Called Preliminary Practices | [Dzong-sar Jamyang Khyentse](#) | Paperback | 9781611800302 | 10/16/2012

**Practice of Padmasambhava:** Essential Instructions on the Path to Awakening | [Shechen Gyaltsap IV & Rinchen Dargye](#), [Translated by Dharmachakra Translation Committee](#) | Paperback | 9781559393621 | 3/16/2011

**Entrance to the Great Perfection:** A Guide to the Dzogchen Preliminary Practices | [Translated by Cortland Dahl](#) | Paperback | 9781559393393 | 2/16/2010

**Cascading Waterfall of Nectar** | [Thinley Norbu](#) | Paperback | 9781590305263 | 7/21/2009

**This Precious Life:** Tibetan Buddhist Teachings on the Path to Enlightenment | [Khandro Rinpoche](#) | Paperback | 9781590301746 | 2/1/2005

**Guide to The Words of My Perfect Teacher** | [Khenpo Ngawang Pelzang](#), [Translated by Padmakara Translation Group](#) | Paperback | 9781590300732 | 6/1/2004

**Parting from the Four Attachments:** A Commentary on Jetsun Drakpa Gyaltsen's *Song of Experience on Mind Training* and the View | [Chogye Trichen Rinpoche](#) | Paperback | 9781559391931 | 9/6/2003

**Torch of Certainty** | [Jamgön Kongtrul Lodrö Tayé](#) | Paperback | 9781570627132 | 10/1/2000

**Tantric Practice in Nyingma** | [Khesun Sangpo Rinpoche](#) | Paperback | 9780937938140 | 5/20/2000

**Excellent Path to Enlightenment:** Oral Teachings on the Root Text of Jamyang Khyentse Wangpo | [Jamyang Khyentse Wangpo & Dilgo Khyentse Rinpoche](#), [Translated by Padmakara Translation Group](#) | Paperback | 9781559390644 | 1/1/1996

---

## Tibetan Language

**Learning Classical Tibetan:** A Reader for Translating Buddhist Texts | [Paul G. Hackett](#) | Hardcover | 9781559394567 | 4/30/2019

**Tibetan Verb Lexicon:** Second Edition, Updated and Expanded | [Paul G. Hackett](#) | Paperback | 9781559394833 | 4/30/2019

**Fluent Tibetan:** A Proficiency-Oriented Learning System. Novice and Intermediate Levels | [William A. Magee, Elizabeth S. Napper, et al](#) | Hardcover | 9781611803990 | 8/23/2016

**How to Read Classical Tibetan, Volume One:** A Summary of the General Path | [Craig Preston](#) | Paperback | 9781559391788 | 6/28/2005

**How to Read Classical Tibetan, Volume Two:** Buddhist Tenets | [Craig Preston](#) | Paperback | 9781559393133 | 6/9/2009

**Manual of Standard Tibetan:** Language and Civilization | [Sangda Dorje & Nicolas Tournadre](#) | Paperback | 9781559391894 | 6/28/2005

**Learning Practical Tibetan** | [Andrew Bloomfield & Yanki Tshering](#) | Paperback | 9781559390989 | 1/19/1998

**Translating Buddhism from Tibetan** | [Joe B. Wilson](#) | Hardcover | 9780937938348 | 1/1/1992

---

## Medicine & Health

**Medicine Buddha Teachings** | [Khenchen Thrangu](#) | Paperback | 9781559392167 | 4/7/2004

**Healing Buddha** | [Raoul Birnbaum](#) | Paperback | 9781570626128 | 1/28/2003

**Healing from the Source:** The Science and Lore of Tibetan Medicine | [Yeshi Dhonden](#) | Paperback | 9781559391481 | 3/27/2000

**Healing Power of Mind:** Simple Meditation Exercises for Health, Well-Being, and Enlightenment | [Tulku Thondup](#) | Paperback | 9781570623301 | 2/1/1998

**Quintessence Tantras of Tibetan Medicine** | [Barry Clark](#) | Paperback | 9781559390095 | 1/1/1995

**Studies in Tibetan Medicine** | [Elisabeth Finckh](#) | Paperback | 9780937938614 | 1/1/1988

**Health through Balance:** An Introduction to Tibetan Medicine | [Yeshi Dhonden](#) | Paperback | 9780937938256 | 1/1/1986

---

## Women & Tibetan Buddhism

**Revolutionary Life of Freda Bedi:** British Feminist, Indian Nationalist, Buddhist Nun | [Vicki Mackenzie](#) | Paperback | 9781611804256 | 3/28/2017

**Chöd: The Sacred Teachings on Severance:** Essential Teachings of the Eight Practice Lineages of Tibet, Volume 14 (The Treasury of Precious Instructions) | [Jamgön Kongtrul Lodrö Tayé](#) | Hardcover | 9781611803723 | 11/29/2016

**Buddha's Daughters:** Teachings from Women Who Are Shaping Buddhism in the West | Edited by [Andrea Miller & The editors of the Shambhala Sun](#) | Paperback | 9781590306239 | 4/8/2014

**Refining Our Perception of Reality:** Sera Khandro's Commentary on Dudjom Lingpa's Account of His Visionary Journey | [Sera Khandro](#) | Hardcover | 9781559394246 | 1/21/2014

**Machik's Complete Explanation:** Clarifying the Meaning of Chöd (Expanded Edition) | [Sarah Harding](#) | Hardcover | 9781559394147 | 5/14/2013

**Dakini Power:** Twelve Extraordinary Women Shaping the Transmission of Tibetan Buddhism in the West | [Michaela Haas](#) | Paperback | 9781559394079 | 4/9/2013

**Into the Heart of Life** | [Jetsunma Tenzin Palmo](#) | Paperback | 9781559393744 | 5/16/2011

**Niguma, Lady of Illusion** | [Sarah Harding](#) | Hardcover | 9781559393614 | 1/16/2011

**Buddhism through American Women's Eyes** | [Karma Lekshe Tsomo](#) | Paperback | 9781559393638 | 12/16/2010

**Buddhist Fasting Practice:** The Nyungne Method of Thousand-Armed Chenrezig | [Wangchen Rinpoche](#) | Paperback | 9781559393171 | 6/16/2009

**Dragon Thunder:** My Life with Chögyam Trungpa | [Diana J. Mukpo](#) | Paperback | 9781590305348 | 2/26/2008

**Meeting the Great Bliss Queen:** Buddhists, Feminists, and the Art of the Self | [Anne Carolyn Klein](#) | Paperback | 9781559392914 | 2/8/2008

**Dakini's Warm Breath:** The Feminine Principle in Tibetan Buddhism | [Judith Simmer-Brown](#) | Paperback | 9781570629204 | 12/1/2002

**Reflections on a Mountain Lake:** Teachings on Practical Buddhism | [Jetsunma Tenzin Palmo](#) | Paperback | 9781559391757 | 5/30/2002

**Choosing Simplicity:** A Commentary on the Bhikshuni Pratimoksha | [Venerable Bhikshuni Master Wu Yin](#) | Paperback | 9781559391559 | 1/2/2001

**Women of Wisdom** | [Tsultrim Allione](#) | Paperback | 9781559391412 | 9/25/2000

**Sky Dancer:** The Secret Life and Songs of the Lady Yeshe Tsogyel | [Keith Dowman](#) | Paperback | 9781559390651 | 1/1/1996

**Machig Labdrön and the Foundations of Chöd** | [Jerome Edou](#) | Paperback | 9781559390392 | 1/1/1995

**House of the Turquoise Roof** | [Dorje Yudon Yuthok](#) | Paperback | 9781559390354 | 1/1/1990

**Princess in the Land of Snows:** The Life of Jamyang Sakya in Tibet | [Jamyang Sakya & Julie Emery](#) | Paperback | 9781570626913 | 1/1/1990

**Alexandra David-Neel:** Portrait of an Adventurer | [Ruth Middleton](#) | Paperback | 9780877734130 | 3/30/1989

**Feminine Ground:** Essays on Women and Tibet | Edited, by [Janice D. Willis](#) | Paperback | 9781559390521 | 1/1/1987







